

PRESS RELEASE

## Moved by our patients: Balgrist University Hospital publishes report on its research activities

**Zurich, November 6 2024 – Balgrist University Hospital is characterized by its extensive research activities at an international level. Balgrist publishes a report every two years to document the successes and relevance of current research projects at the hospital. The latest issue just published once again documents top-level musculoskeletal research.**

Balgrist has been the university hospital for orthopedics for more than 75 years. Its Medical Director is a Full Professor of Orthopedics at the University of Zurich. It involves university research in the field of musculoskeletal medicine, which is conducted at Balgrist University Hospital.

Improving the quality of future medical care, particularly in the field of musculoskeletal medicine, through research and innovation is part of Balgrist's DNA. Over the past two years, this has been due in no small part to technological advances: the opening of the OR-X research and teaching operating room and the Ingenuity Lab, where, among other things, work is being done on a new tissue adhesive technology for minimally invasive and robot-assisted surgery. This shows that with its research, Balgrist University Hospital is shaping the musculoskeletal medicine of tomorrow and pushing the boundaries of what is medically possible.

### Research thanks to and with patients

The clinical and basic research at Balgrist University Hospital presented in the report is inspired by patients and their day-to-day challenges in their treatment. The researchers are driven by the desire to bring the results of their work to the hospital bed or operating theater as quickly and safely as possible. This goal motivates the hospital each and every day to develop new treatment options together with partners at the University of Zurich, ETH Zurich and other research institutions.

The entire report is available online:  
[research-innovation.balgrist.ch/scientificreport-2024](https://research-innovation.balgrist.ch/scientificreport-2024)



We will be happy to support you in all aspects of science communication and put you in touch with individual project managers. Order the report in book form at [kommunikation@balgrist.ch](mailto:kommunikation@balgrist.ch).

**Contact for further information:**

T +41 44 386 14 15 / [kommunikation@balgrist.ch](mailto:kommunikation@balgrist.ch)

**About Balgrist University Hospital**

Balgrist University Hospital is a specialized center of excellence for the diagnostic work-up, treatment, and follow-up care of damage to the musculoskeletal system. Interdisciplinary services combine the fields of orthopedics, paraplegiology, rheumatology and physical medicine, sports medicine, neuro-urology, chiropractic, radiology, and anesthesiology. The broad spectrum of interlinked medical treatment is complemented by nursing care, social, insurance-legal and psychological counselling, as well as integrated measures for rehabilitation and return to work. All these activities aim to provide our patients with the best possible support.

Balgrist University Hospital is setting internationally recognized standards in orthopedic research and education with its Balgrist Campus and OR-X research infrastructures.

The privately owned Balgrist University Hospital is operated by the Balgrist Association.

Balgrist University Hospital  
Forchstrasse 340  
8008 Zurich, Switzerland  
Tel. +41 44 386 11 11  
[www.balgrist.ch](http://www.balgrist.ch)