

# **Konversion von Anatomischer auf Inverse Arthroplastik**

**Karl Wieser**

Orthopedics Update 6.3.13



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# INTRODUCTION

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**Patients satisfaction** (mean f-up: 43 months)

- after Hemi shoulder arthroplasty (HA) → 80.4%
- after Total shoulder arthroplasty (TSA) → 96.7%

# GLENOID EROSION (HEMI)

Mean f-up: 43 months:

→ 8.1% conversion to TSA



Radnay CS, JSES 16:396, 2007

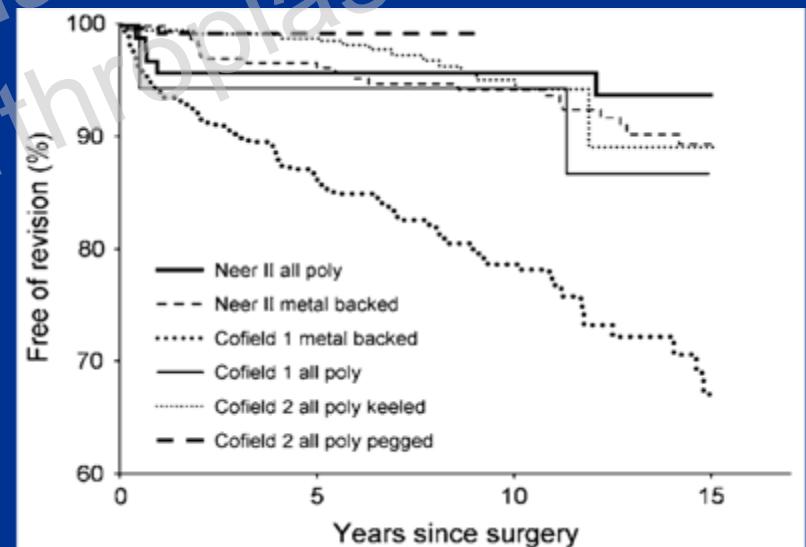
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# GLENOID COMPONENT LOOSENING

>10y (mean 13.4y) f-up:<sup>\*</sup>



- 80% radiolucency
- 34% loosening
- 7% revision



\*Steward MP, JBJS 79-Br: 68, 1997

\*Sperling JW, JSES 13:604, 2004

\*Torchia ME, JSES 6:495, 1997

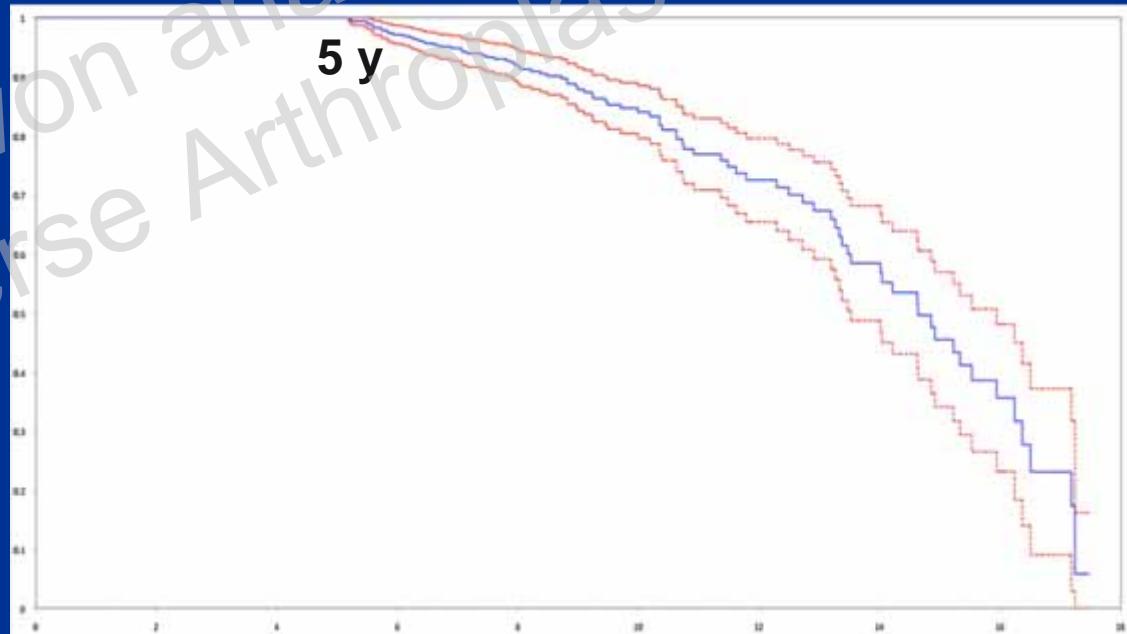
Fox TJ, JSES 18:859, 2009

# ROTATOR CUFF TEAR / DYSFUNCTION

mean f-up: 5.3 years:\*

→ 1.3 %

(→ >50% SSC)



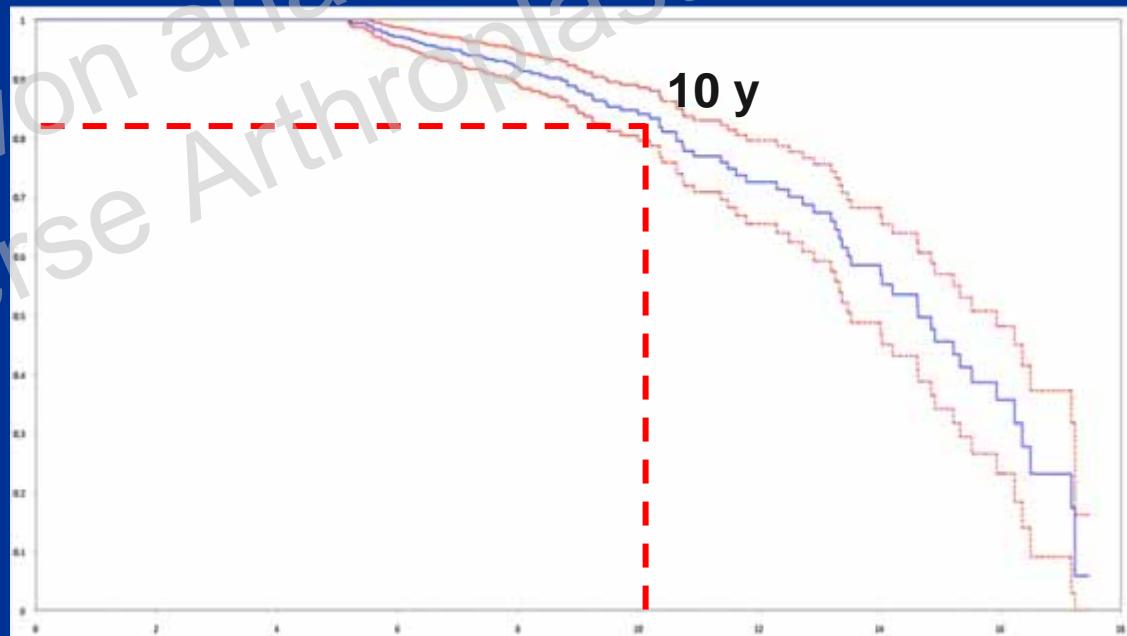
\*Bohnsali KI, JBJS 88A: 2279, 2006

\*\*Young AA, JBJS 94A: 685, 2012

# ROTATOR CUFF TEAR / DYSFUNCTION

mean f-up: 10 years:\*\*

→ 16 %



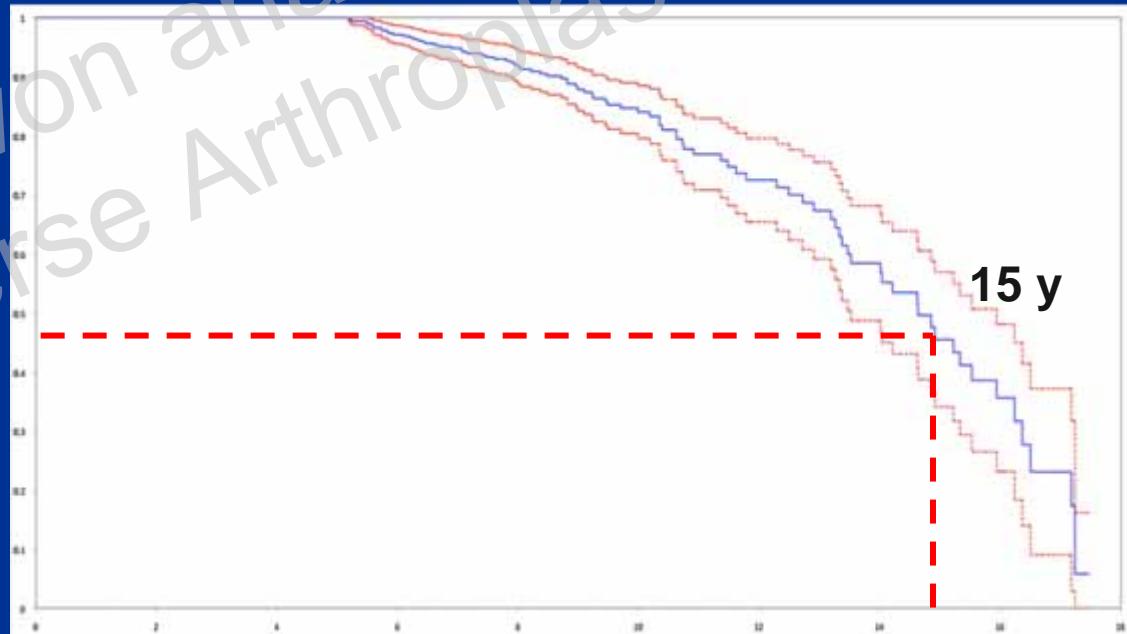
\*Bohnsali KI, JBJS 88A: 2279, 2006

\*\*Young AA, JBJS 94A: 685, 2012

# ROTATOR CUFF TEAR / DYSFUNCTION

mean f-up: 15 years:\*\*

→ 55 %



\*Bohsali KI, JBJS 88A: 2279, 2006

\*\*Young AA, JBJS 94A: 685, 2012

# ROTATOR CUFF TEAR / DYSFUNCTION

mean f-up: 15 years:\*\*

→ 55 %



- Worse Constant score
- More glenoid loosening  
("Rocking Horse")

\*Bohnsali KI, JBJS 88A: 2279, 2006

\*\*Young AA, JBJS 94A: 685, 2012

# GLENOHUMERAL INSTABILITY

mean f-up: 5.3 years:

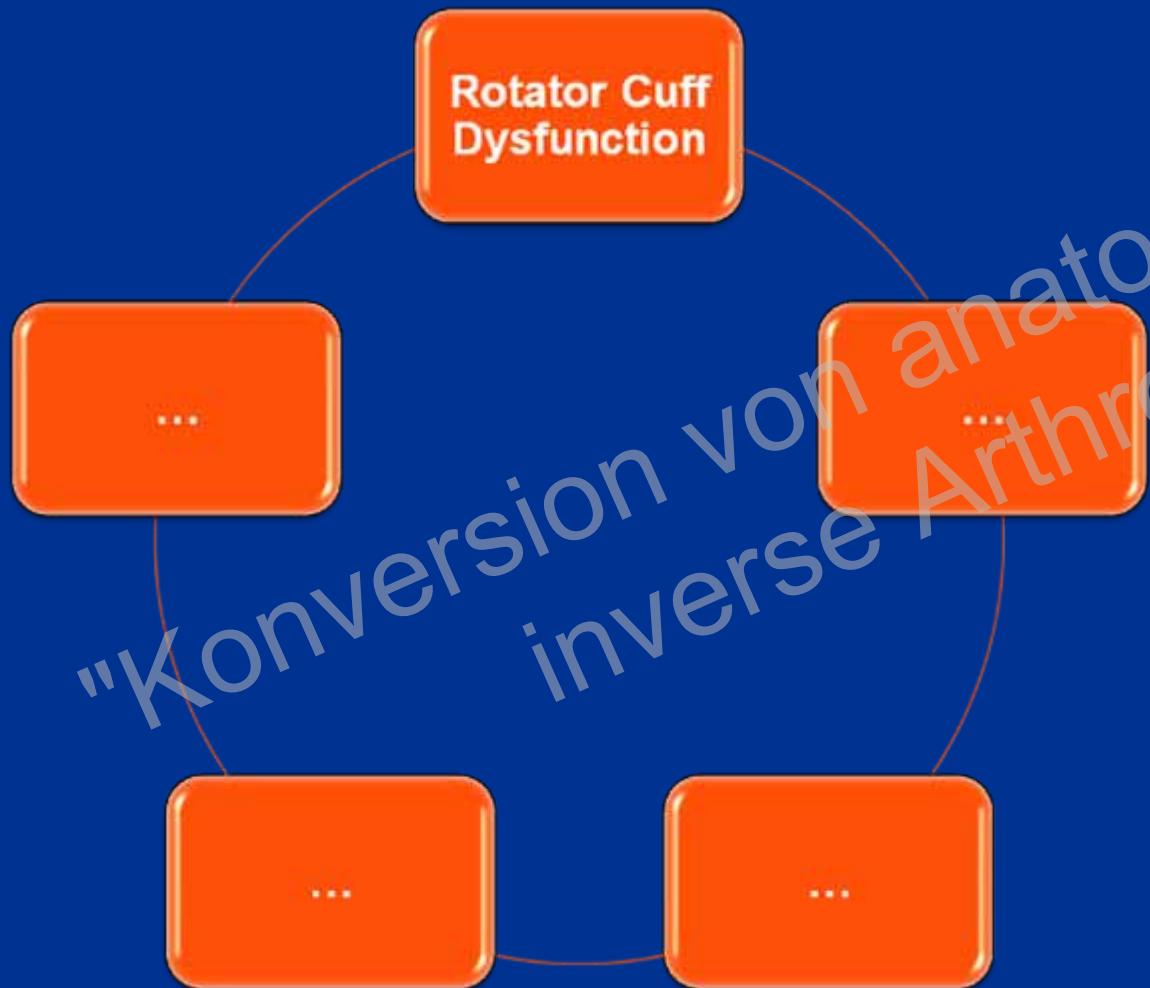
- superior: 3%
- posterior: 1%
- anterior: 0.9%



Bohsali KI, JBJS 88A: 2279, 2006

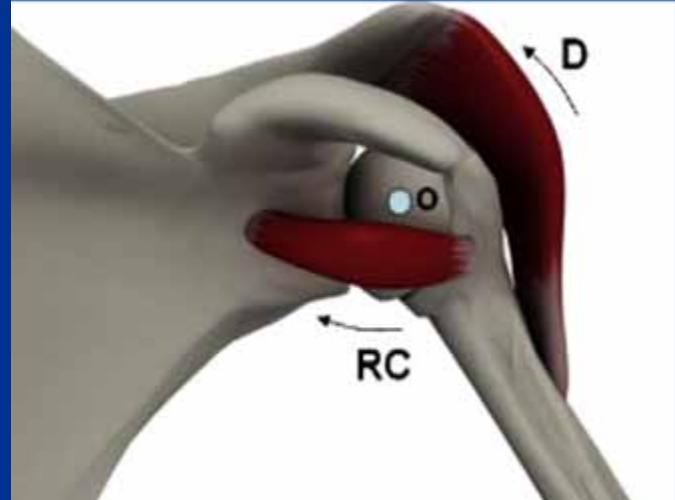
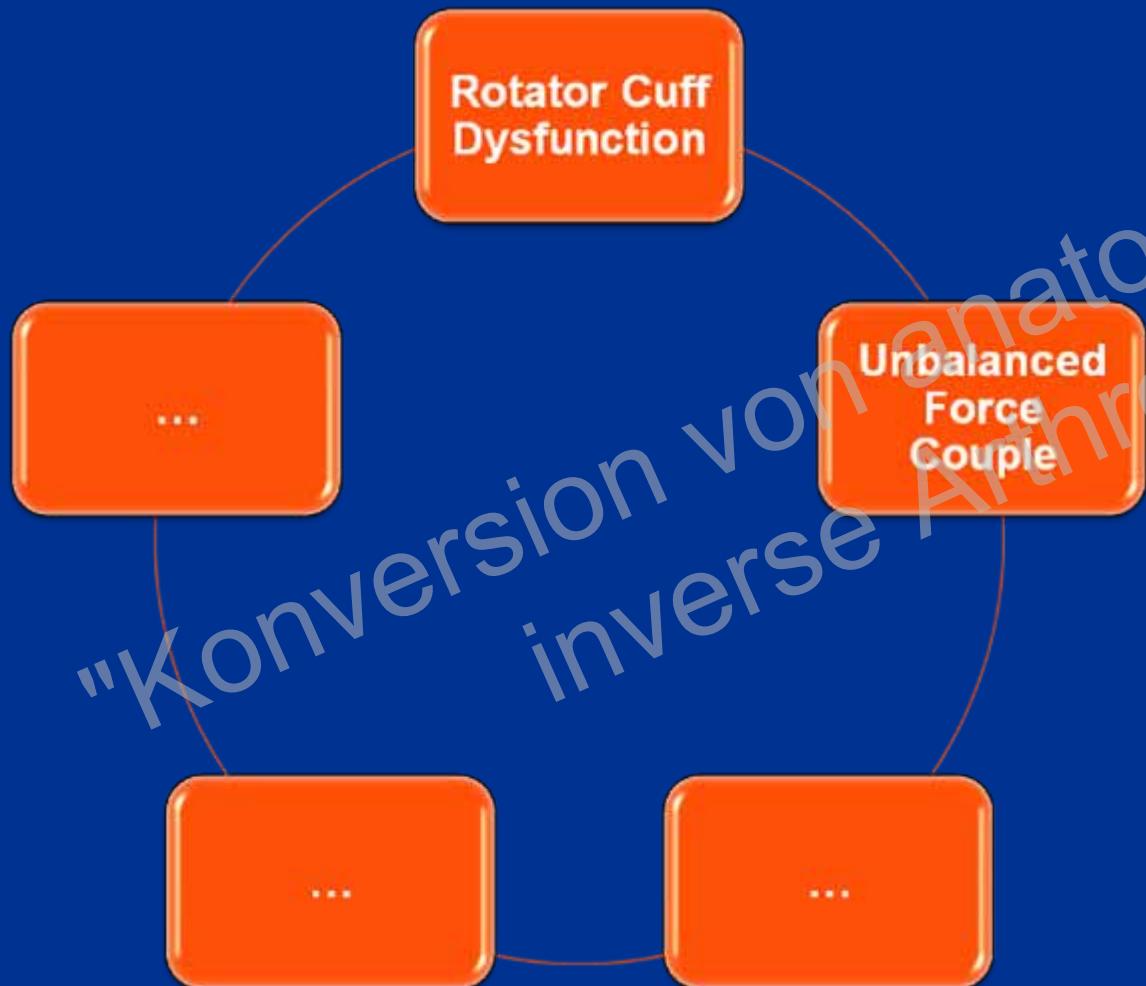
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# FAILED ANATOMICAL SHOULDER ARTHROPLASTY

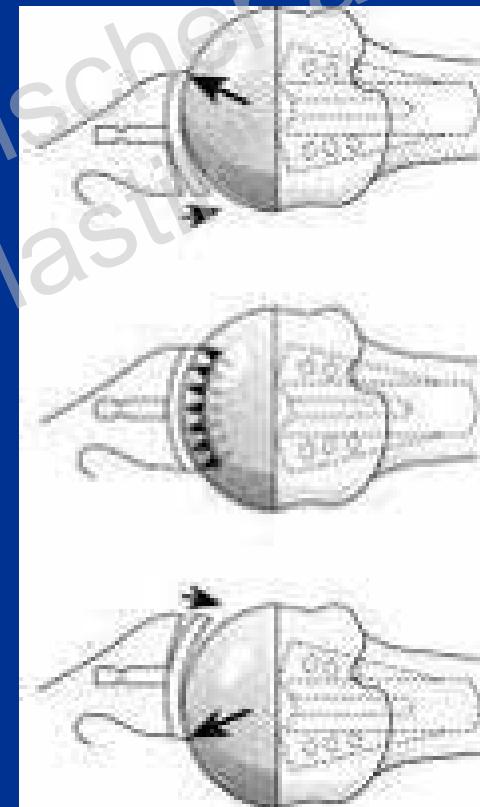
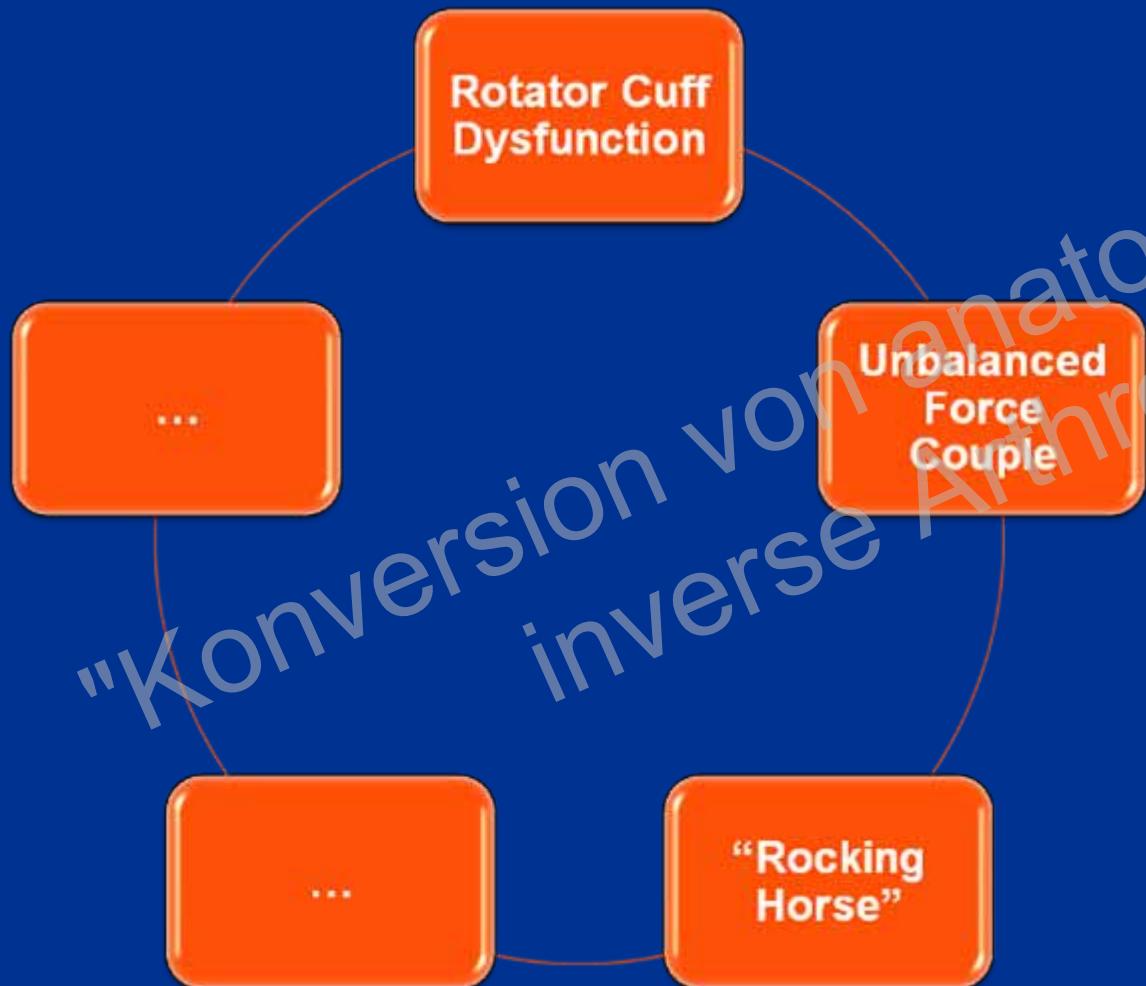


"Konversion von anatomischer  
inverse Arthroplastik"

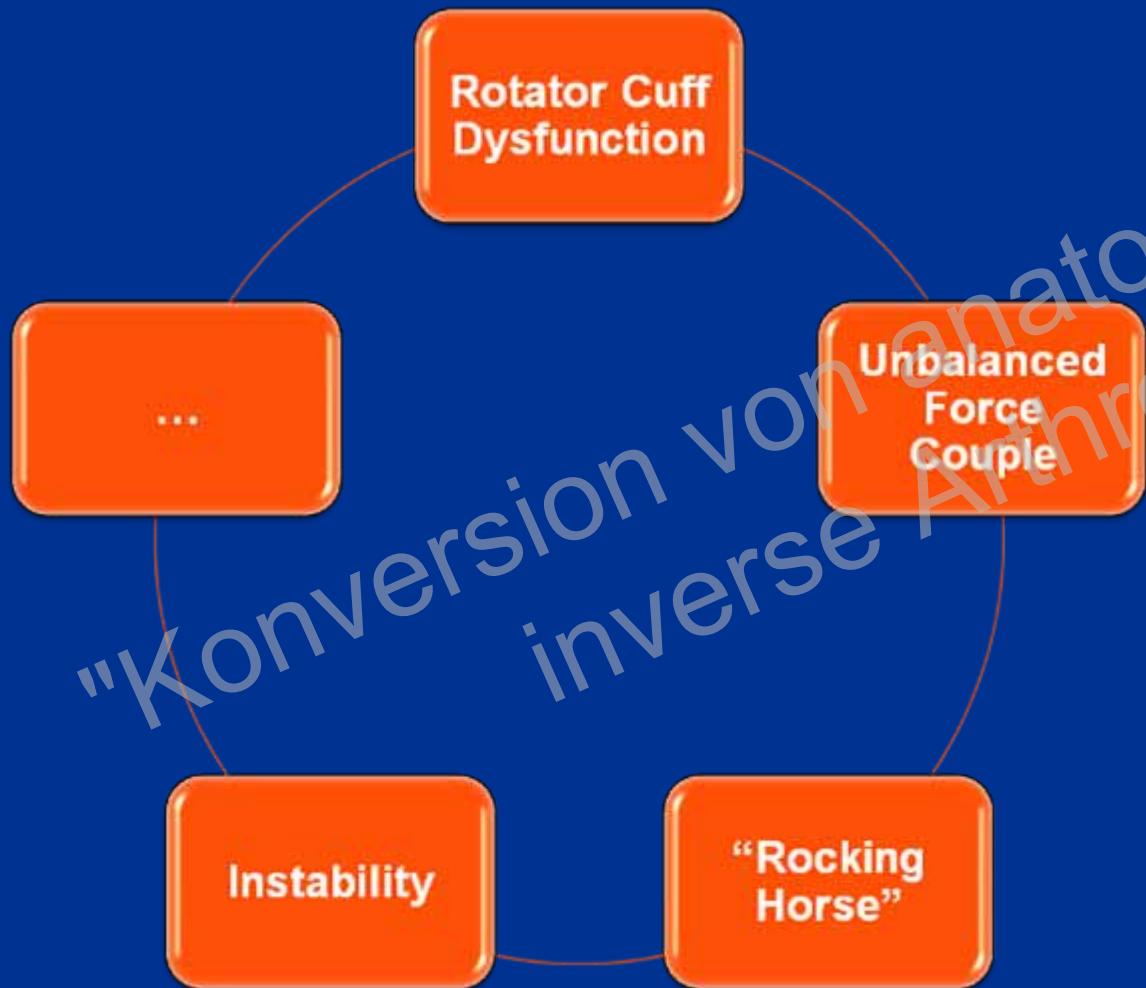
# FAILED TOTAL SHOULDER ARTHROPLASTY



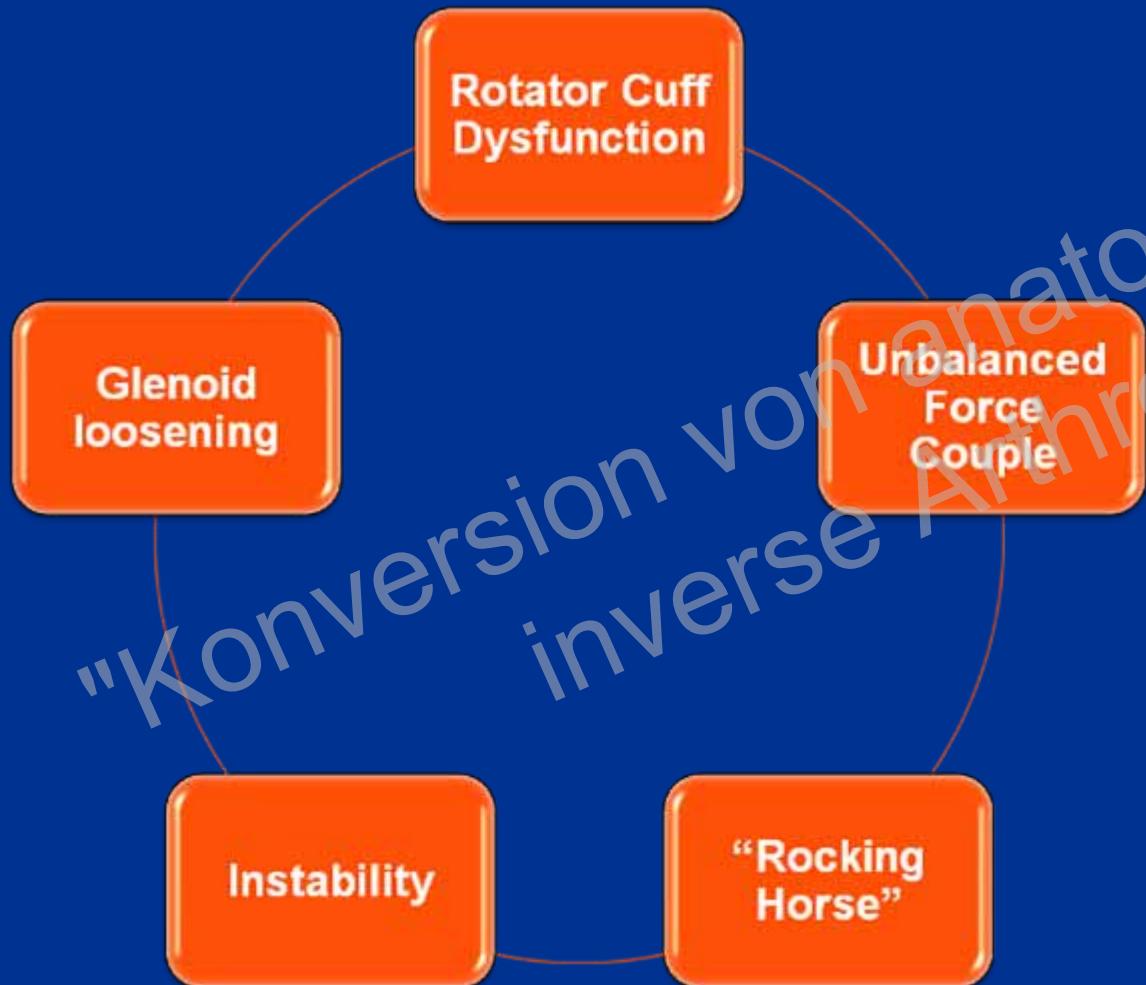
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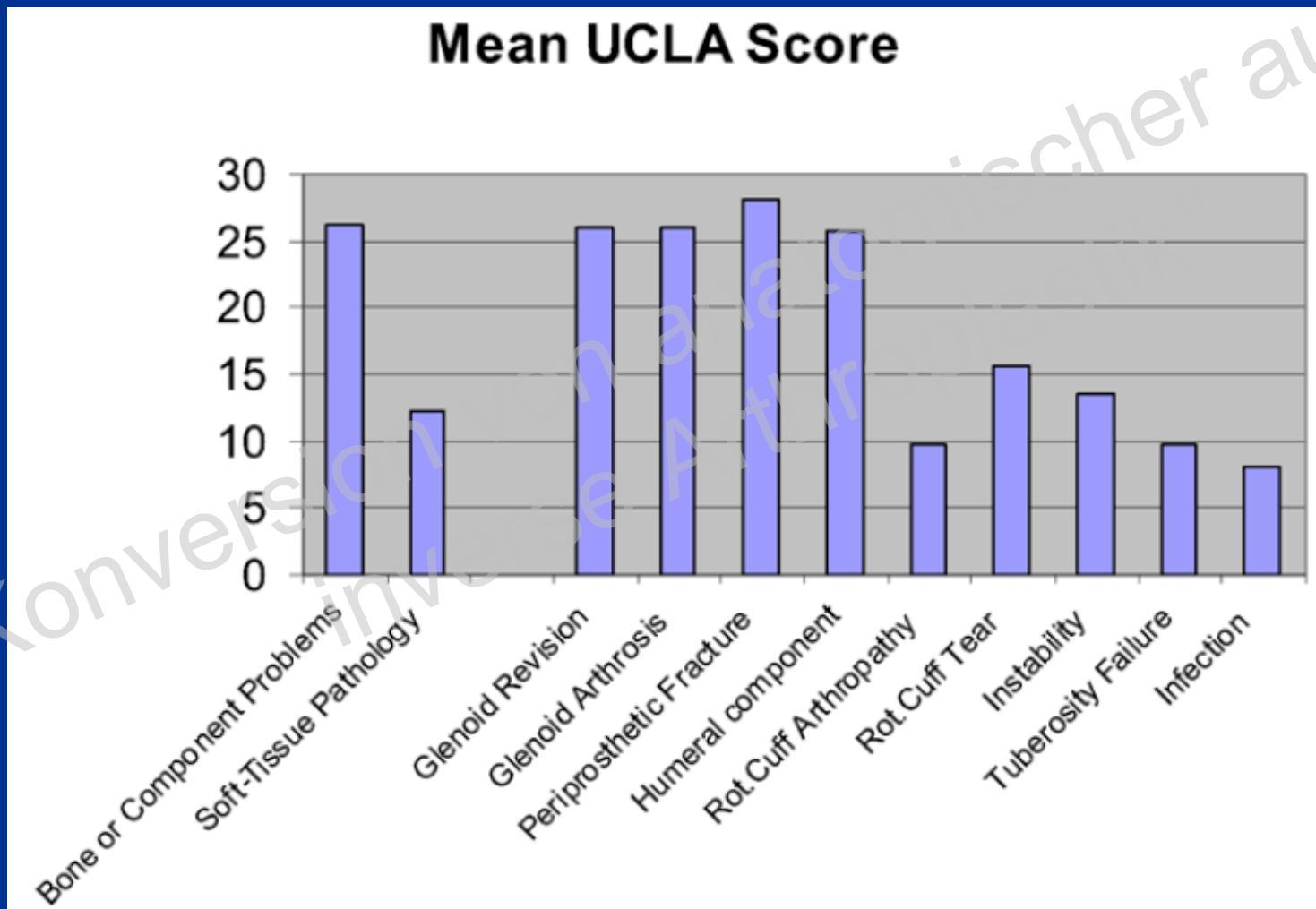


# FAILED TOTAL SHOULDER ARTHROPLASTY

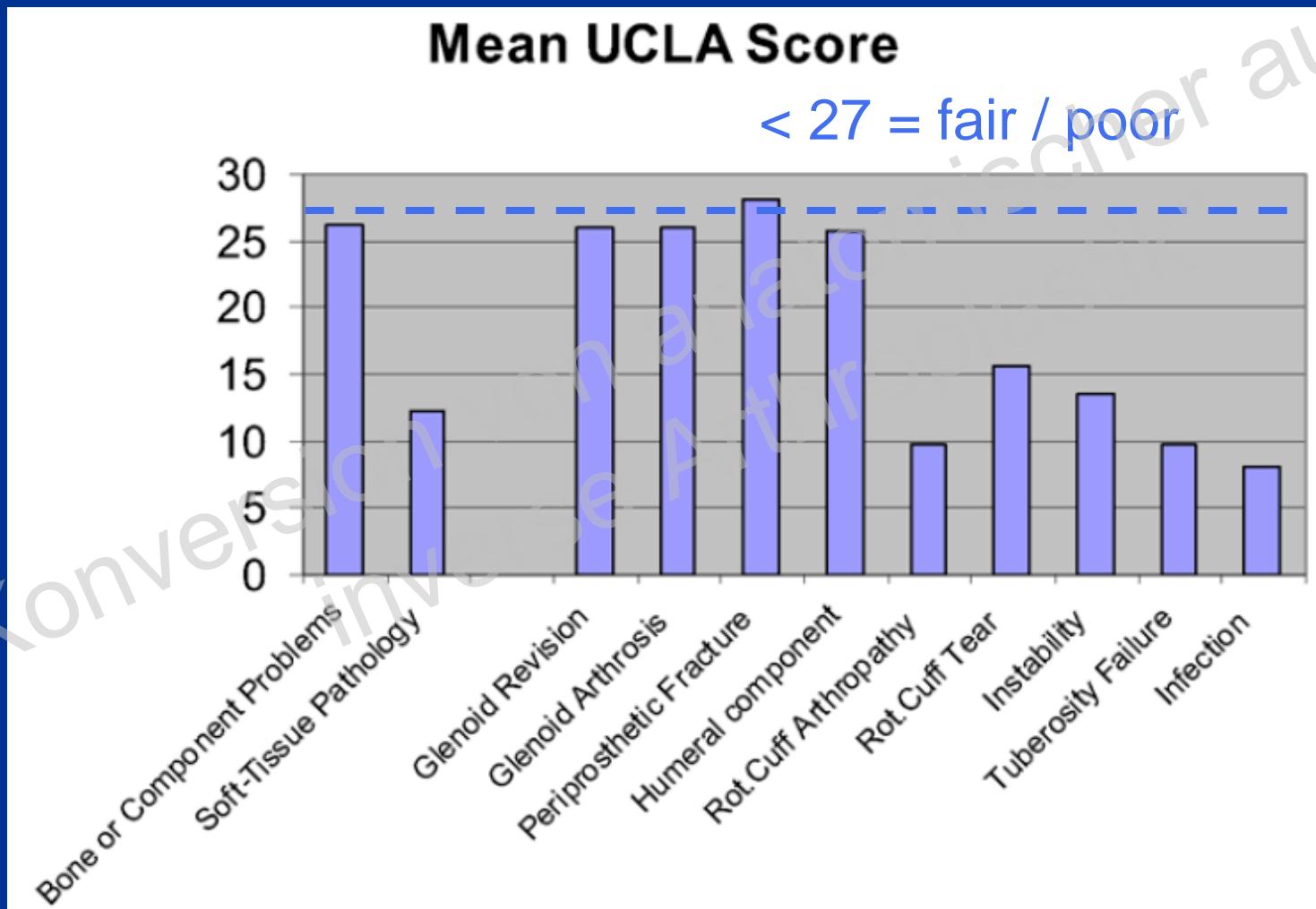


“Konversion von anatomischer auf  
inverse Arthroplastik”

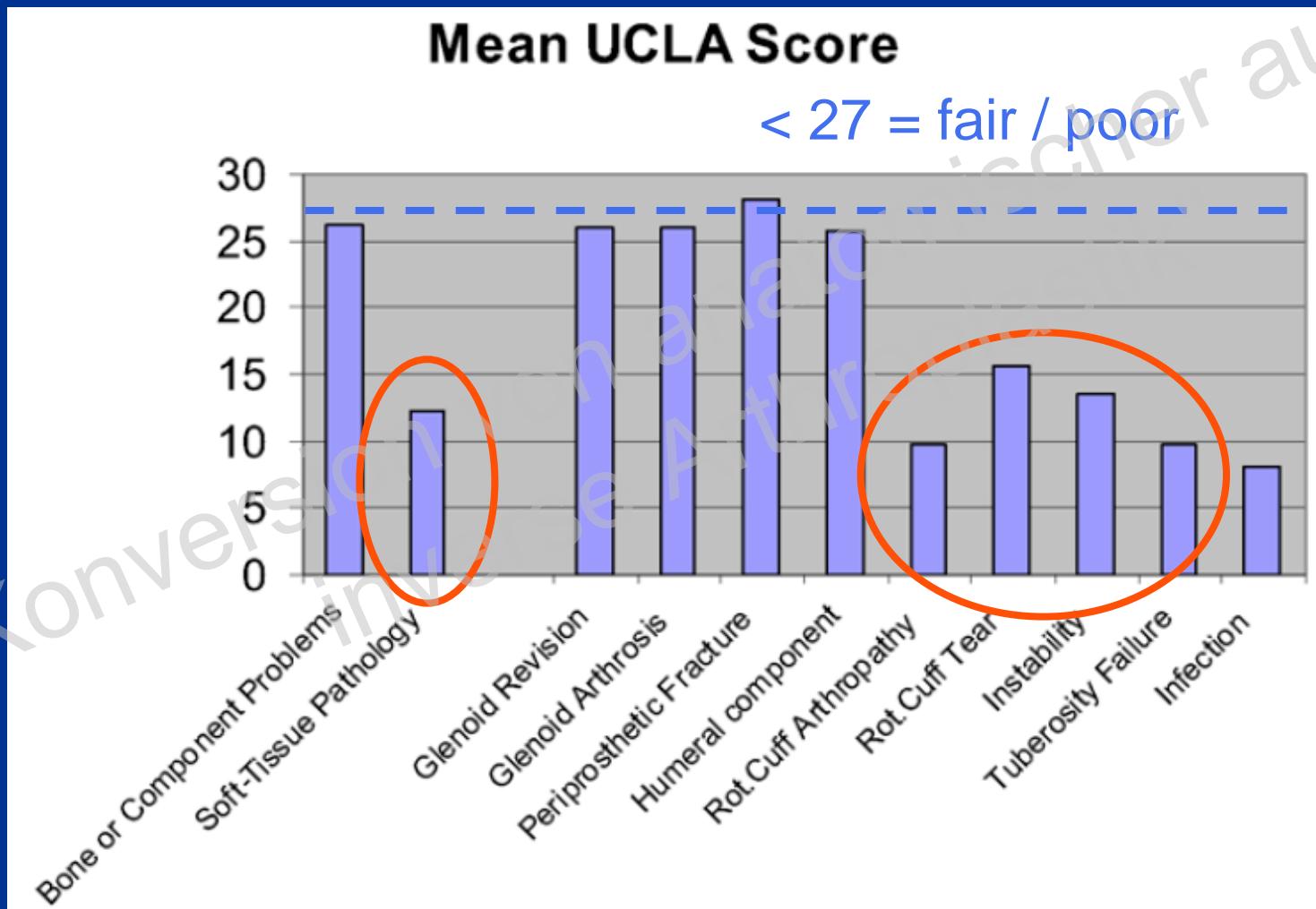
# REVISION OF ANATOMICAL SHOULDER ARTHROPLASTY



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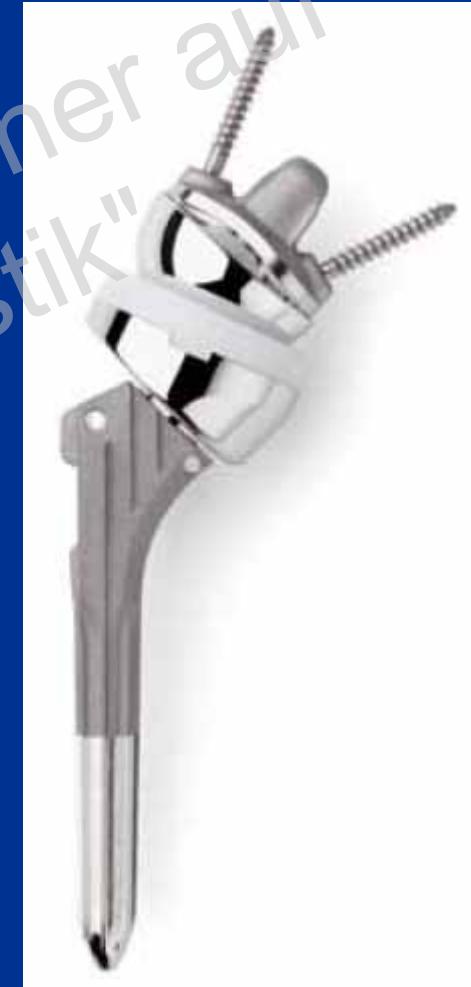
# CONVERSION TO REVERSE TOTAL SHOULDER ARTHROPLASTY

Higher constraint prosthetic design

Compensate for muscular imbalance

Addresses glenoid bone loss

- Boileau P; JSES 15:527, 2006  
Wall B; JBJS Am 89:1476, 2007  
Levy JC; JBJS Br 89:189, 2007  
Flury MP; Int Orthop 35:53; 2011  
Walker M; JSES 21:514; 2012



# CONVERSION TO REVERSE TOTAL SHOULDER ARTHROPLASTY

	n	CS	Intraop-complications	Post-op complications	Total complications
Boileau et al.	19	46	n.a.	n.a.	45%
Wall et al.	54	52	24%	n.a.	37%
Levy et al.	29	n.a.	n.a.	n.a.	28%
Flury et al.	21	56	43%	38%	n.a.
Walker et al.	22	n.a.	n.a.	23%	n.a.

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# CONVERSION TO REVERSE TOTAL SHOULDER ARTHROPLASTY



Boileau et al.
Wall et al.
Levy et al.
Flury et al.
Walker et al.

op- plications	Post-op complications	Total complications
n.a.	n.a.	45%
24%	n.a.	37%
n.a.	n.a.	28%
43%	38%	n.a.
n.a.	23%	n.a.

Stem loosening: only 1% (5.3 years)

# CONVERSION TO REVERSE TOTAL SHOULDER ARTHROPLASTY

Boileau et al.
Wall et al.
Levy et al.
Flury et al.
Walker et al.



op- plicatio n
n.a.
24%
n.a.
43%
n.a.



ations
6
6
6
6
6

Intraoperative fracture / bone loss

# MODULAR PROSTHETIC DESIGN

"Konversion von anatomischer  
invasive Arthroplastik auf

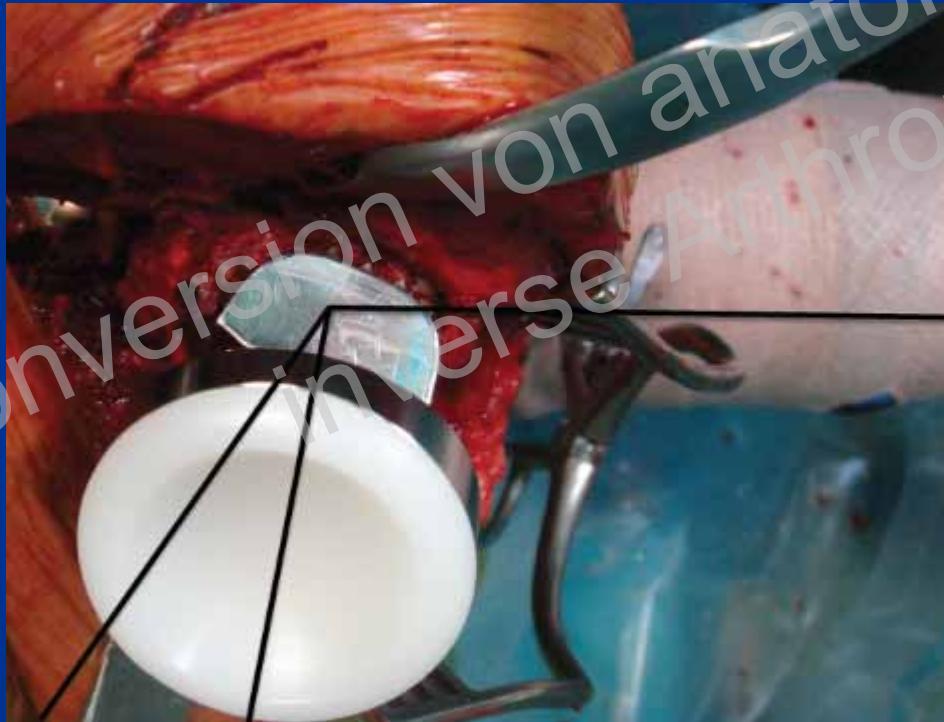


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# MODULAR PROSTHETIC DESIGN

Correction of torsion / version



"Konversion von anatomischer auf  
inverse Arthroplastik"

# MODULAR PROSTHETIC DESIGN



“Konversion von anatomischer auf  
inverse Arthroplastik”

# MODULAR PROSTHETIC DESIGN



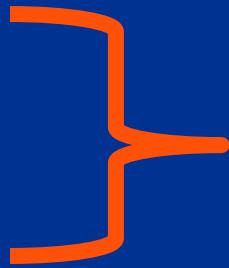
“Konversion von anatomischer auf  
inverse Arthroplastik”

# MODULAR PROSTHETIC DESIGN



# BALGRIST (2005 – 2011)

48 HA  
8 TSA



56 RTSAs (54 patients)

- Age: 67 (44–87) years
- Time to conversion: 38 (0-147) months
- Interventions prior to conversion: 2.2 (1-8)

# PATIENTS (n: 56)

19 modular implants

37 non modular implants

"Konversion von anatomischer auf  
inverse Arthroplastik"

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2 stems loose  
3 stems too cranial  
1 stem excessive retroversion ( $50^\circ$ )

"Konversion von anatomischer auf  
inverser Arthroplastik"

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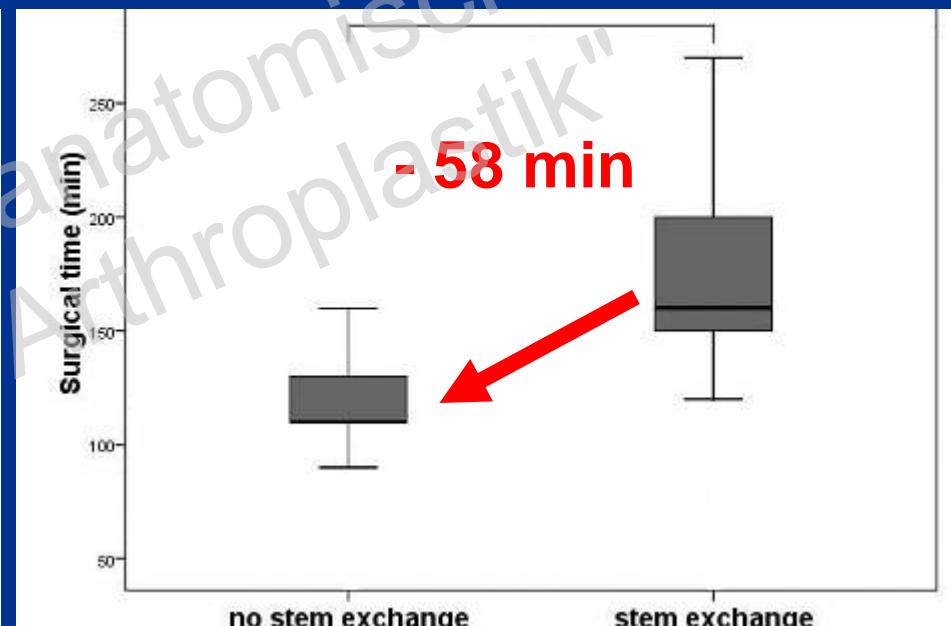
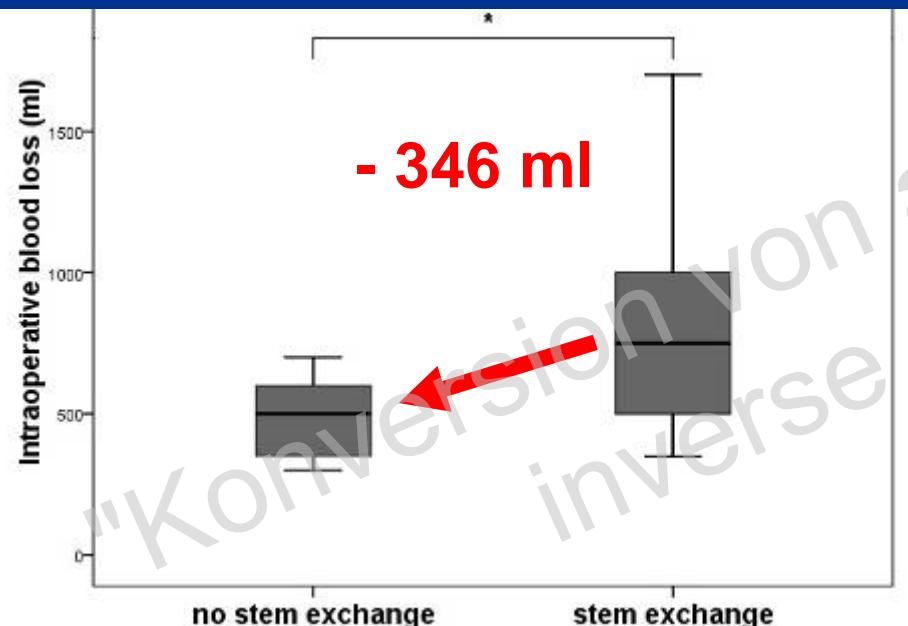
13 conversions without  
stem removal

43 conversions with  
stem removal

# RESULTS: DEMOGRAPHIC DATA (n: 56)

	<b>Conversions without stem removal (n: 13)</b>	<b>Conversions with stem removal (n: 43)</b>	<i>p:</i>
<b>Age at index surgery</b>	<b>66 (43-85)</b>	<b>63 (41-76)</b>	<b>0.27</b>
<b>Age at conversion</b>	<b>68 (44-87)</b>	<b>67 (44-81)</b>	<b>0.48</b>
<b>Months to conversion</b>	<b>24 (2-93)</b>	<b>42 (0-147)</b>	<b>0.2</b>
<b>Female : Male</b>	<b>10 : 3</b>	<b>30 : 13</b>	<b>0.59</b>
<b>Primary Implant HA : TSA</b>	<b>10 : 3</b>	<b>38 : 5</b>	<b>0.39</b>
<b>Prior intervention</b>	<b>2.6 (1-8)</b>	<b>2.1 (1-8)</b>	<b>0.55</b>

# RESULTS: BLOOD LOSS / SURICAL TIME (n: 56)



# RESULTS: COMPLICATIONS (n: 56)

	Conversions without stem removal (n: 13)			Conversions with stem removal (n: 43)		
Complications	intraop	postop	Re-op	intraop	postop	Re-op
Shaft fracture	-	-	-	6	1	1
Fracture of greater tub.	1	-	-	2	-	-
Fracture of glenoid	-	-	-	2	-	-
Radial nerve palsy	-	-	-	1	-	-
Cement extrusion	-	-	-	2	-	1
Fracture of Acromion	-	1	-	-	4	1
Glenosphere loosening	-	-	-	-	1	1
Infection	-	1	1	-	1	3
Wound healing problem	-	-	-	-	1	2
Instability	-	-	-	-	1	-
Total	1	2	1	13	9 (7 pat)	9 (6 pat)

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Complications	intraop	postop	Re-op	intraop	postop	Re-op
Shaft fracture	-	-		6	1	1
Fracture						
Fracture						
Ran						
Cer						
Fracture						
Glo						
Infection						
Wound healing problem	-	-	-	-	1	2
Instability	-	-	-	-	1	-
Total	1	2	1	13	9 (7 pat)	9 (6 pat)

## ODDS RATIO:

Intraoperative complication: 5.2 (8% vs. 30%)

Postoperative complication: 1.1 (15% vs. 16%)

Conversion related re-intervention: 1.9 (8% vs. 14%)

# RESULTS: CLINICAL FOLLOW-UP ANALYSIS

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- 1 chronic infection (19 months)
- 1 intraoperative shaft fracture (13 months)
- 1 glenoid loosening (21 months)
- 1 persistent instability
- 1 acromion and shaft fx (6 and 30 months)
- 1 left to foreign country (11 months)
- 1 unrelated death (4 months)
- 4 patients refused follow up visit
  - 3 uneventful postoperative course
  - 1 radial nerve palsy after shaft fx

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**6 complication  
related drop-outs**

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**5 patients lost to  
follow-up**

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1 intraoperative shaft fracture (13 months)

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1 persistent instability

1 acromion and shaft fx (6 and 30 months)

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4 patients refused follow up visit

- 3 uneventful postoperative course
- 1 radial nerve palsy after shaft fx

**==> 45 patients**

Follow-up: 37 (12-83) months

**6 > 2 years follow-up**

**9 > 3 years follow-up**

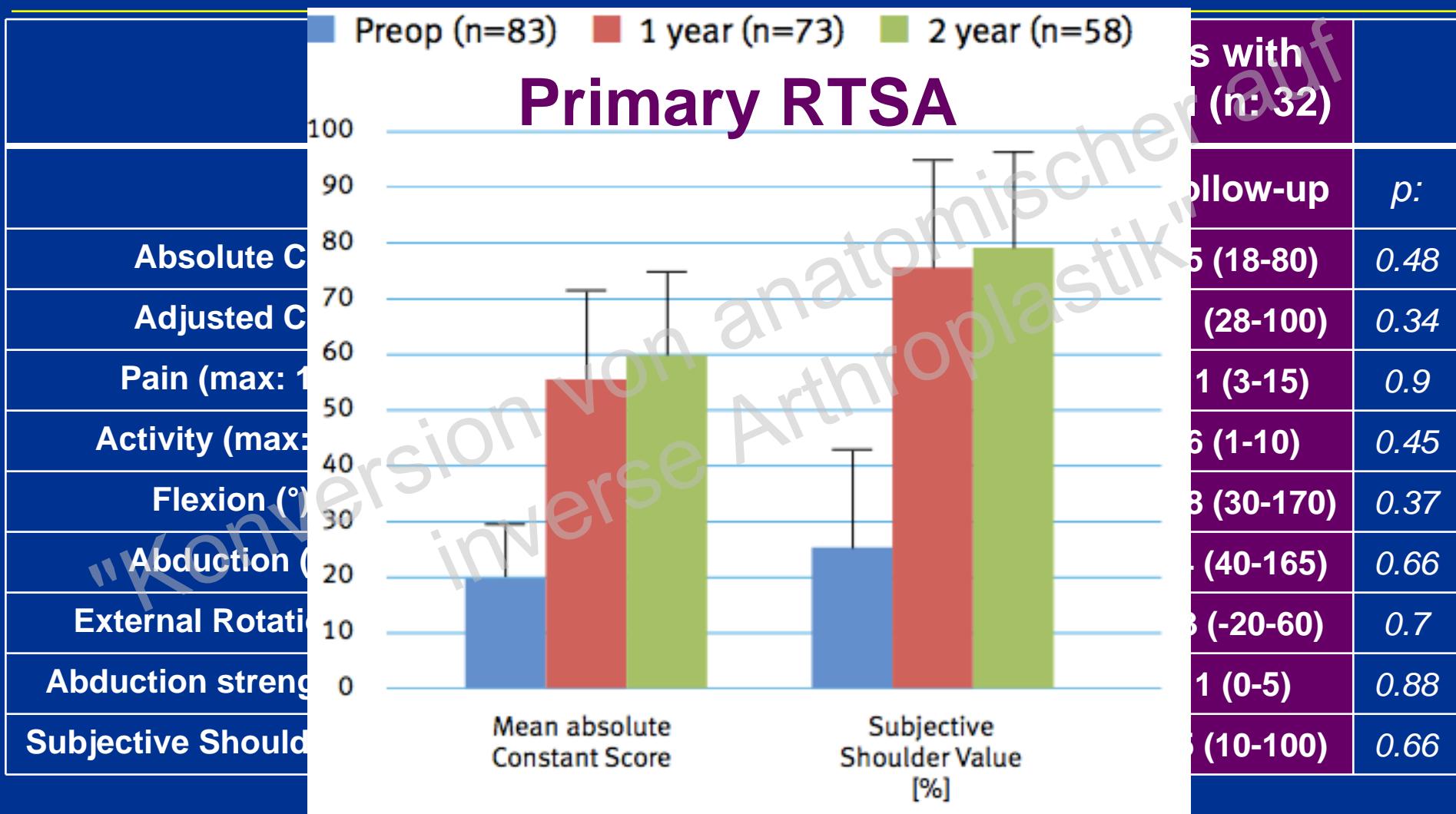
**14 > 5 years follow-up**

**1 > 6 years follow-up**

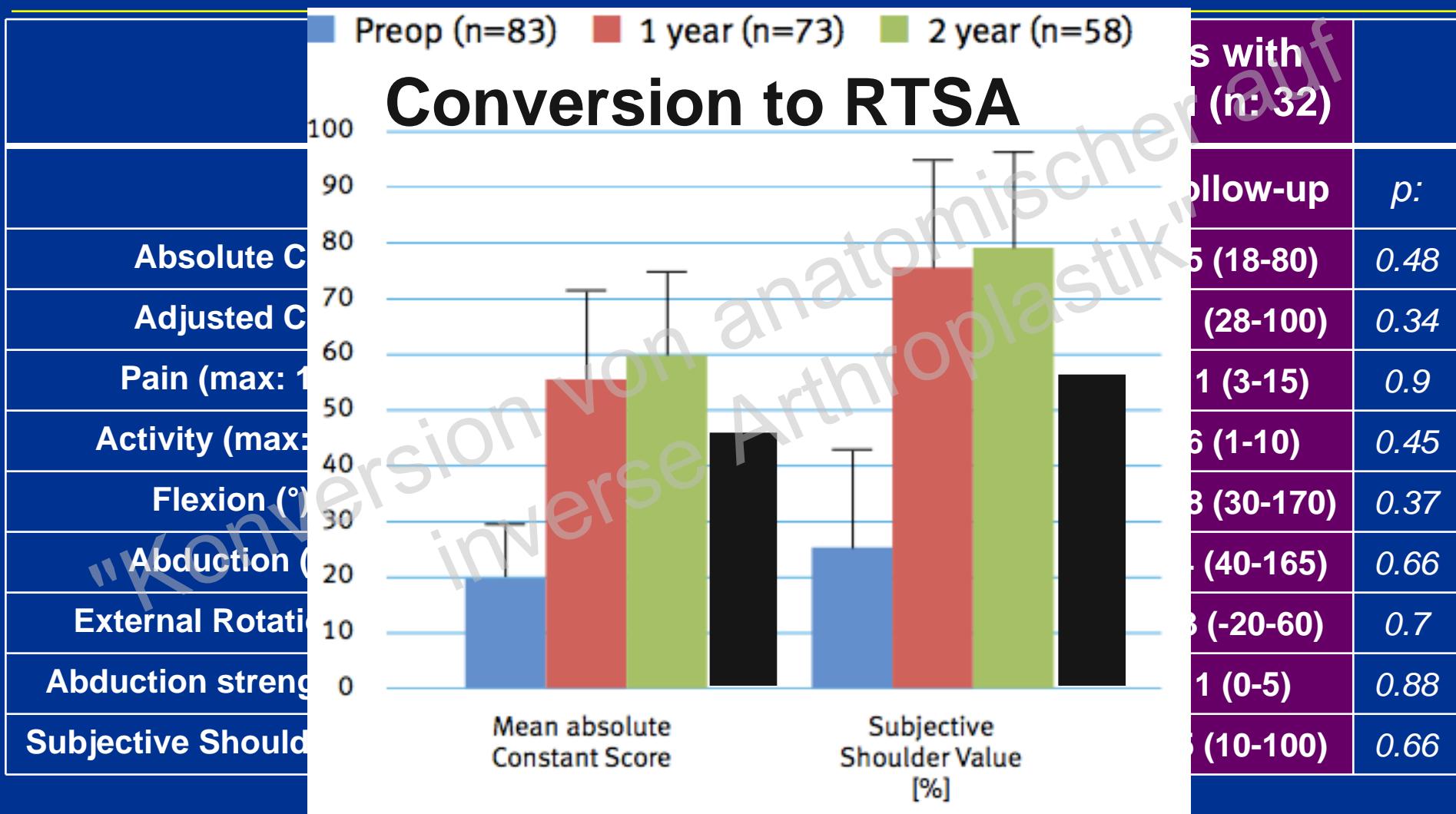
# RESULTS: CLINICAL OUTCOME (n: 45; f-up: 37m)

	Conversions without stem removal (n: 13)		Conversions with stem removal (n: 32)		
	pre-op	Follow-up	pre-op	Follow-up	p:
Absolute CS	30 (10-56)	48 (29-69)	24 (4-68)	45 (18-80)	0.48
Adjusted CS	42 (11-88)	67 (34-100)	32 (6-97)	61 (28-100)	0.34
Pain (max: 15)	6 (3-5)	11 (4-15)	6 (0-15)	11 (3-15)	0.9
Activity (max: 20)	3 (0-6)	7 (3-10)	3 (0-7)	6 (1-10)	0.45
Flexion (°)	74 (0-150)	112 (80-165)	61 (0-140)	108 (30-170)	0.37
Abduction (°)	66 (0-160)	98 (50-150)	54 (0-150)	94 (40-165)	0.66
External Rotation (°)	24 (0-70)	22 (-10-50)	19 (-10-70)	13 (-20-60)	0.7
Abduction strength (kg)	0 (0-1)	1 (0-4)	0 (0-3)	1 (0-5)	0.88
Subjective Shoulder Value	27 (0-50)	55 (20-90)	29 (0-75)	55 (10-100)	0.66

# RESULTS: CLINICAL OUTCOME (n: 45; f-up: 37m)



# RESULTS: CLINICAL OUTCOME (n: 45; f-up: 37m)



# CONCLUSION

## Indication for conversion to RTSA:

Failed anatomical HA / TSA with...

- rotator cuff deficiency
- w/wo glenohumeral instability
- and/or moderate loss of glenoidal bone stock

# CONCLUSION

## Improvement of:

Adjusted CS:      35 → 63 %

Total CS:            26 → 46 points

SSV:                  29 → 55 %

## Complication rate:

Intra-operative:        25 %

Post-operative:        16 %

Conversion related re-intervention:    13 %

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# CONCLUSION

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- surgical time (- 58 min)
- intraoperative blood loss (- 346 ml)
- intraoperative complications (odds: 5.2)
- conversion related re-interventions (odds: 1.9)

**... can be reduced by a modular prosthetic design!**



"Konversion von anatomischer auf  
interdisziplinärer Platzierung"



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