

**Friday, May 8, 2020 &
Saturday, May 9, 2020
Balgrist University Hospital, Zurich**

ESSR Sports Imaging Course

Joint course by the ESSR sports imaging subcommittee and
12th educational SSSR meeting



ESSR SPORTS IMAGING COURSE

UPPER EXTREMITY

Sessions on shoulder, elbow, upper limb pathology as well as hand and wrist are presented by international experts on sports imaging and sports medicine.

Organizers

PD Dr. Reto Sutter
Head of Radiology, Balgrist University Hospital Zurich
PD Dr. Christoph Schöffeler
Head of Musculoskeletal Imaging, Cantonal Hospital Chur

Faculty

P. Diana Afonso, Lisbon
Gustav Andreisek, Münsterlingen
Guillaume Bierry, Strasbourg
Samy Bouaicha, Zürich
Luis Cerezal, Santander
Milko de Jonge, Amsterdam
Michel De Maeseneer, Brüssel
Linda Dyer, Zürich
Anna Falkowski, Zürich
Benjamin Fritz, Zürich
Alexandra Gersing, München
Roman Guggenberger, Zürich
Anna Hirschmann, Basel
Pia Jungmann, Freiburg i. Br.
Carlo Martinoli, Genova
Christian Pfirrmann, Zürich
Andreas Schweizer, Zürich
Frank Smithuis, Amsterdam
Simone Waldt, Essen
Klaus Wörtler, München
Marco Zanetti, Zürich

Course language

English

Venue

Balgrist University Hospital, Auditorium
Forchstrasse 340, 8008 Zurich, Switzerland

Registration fee

500 CHF regular / 470 CHF for members of ESSR or SSSR

Registration

Online www.balgrist.ch/sports-imaging-course
Balgrist University Hospital
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CME Accreditation

- Swiss Society of Radiology (SGR-SSR): 13 Credits
- ESSR Diploma (European Society of Musculoskeletal Radiology)
Applicable for ESSR Diploma (to be confirmed)
- Deutsche Röntgengesellschaft e.V., Akademie für Fort- und Weiterbildung in der Radiologie: 12 Credits, Kat. A
- Deutsche Gesellschaft für Muskuloskelettale Radiologie e.V.:
Für das Qualitätsprogramm der DGMSR anerkannt
- Österreichische Röntgengesellschaft / Gesellschaft für Medizinische Radiologie und Nuklearmedizin (OERG): to be confirmed
- Swiss Orthopaedics (SGOT): 16 credit points
- Swiss Society of sports medicine (SGSM): to be confirmed



Course program Friday, May 8, 2020

08:00 *Registration*

08:30 **Shoulder I**

- Rotator cuff and muscle injuries in athletes Gersing
- Rotator cuff – 5 surgical points to consider Bouaicha
- Shoulder instability – first time and chronic Jungmann

10:00 *Coffee Break*

10:30 **Shoulder II**

- Non-traumatic instability in athletes Schäffeler
- Proximal biceps tendon and rotator interval Wörtler
- Postop shoulder – rotator cuff and instability surgery Waldt

12:00 *Lunch break*

13:00 **Shoulder girdle and thoracic wall**

- Pectoralis and conjoined tendon injuries Zanetti
- Sternoclavicular joint and acromioclavicular joint Bierry
- Physical therapy for shoulder girdle problems Dyer

14:30 *Coffee Break*

15:00 **Elbow**

- Elbow overuse injuries Afonso
- Elbow instability Sutter
- Postoperative elbow imaging Cerezal

Course program Saturday, May 9, 2020

08:30 **Upper limb**

- Fractures of the upper extremity Guggenberger
- Nerve compression syndromes Andreisek
- Pediatric sports imaging: 5 points to consider de Jonge

10:00 *Coffee Break*

10:30 **Wrist I**

- Intersection syndromes, and tendon disorders Falkowski
- TFCC and ulnar-sided wrist pain in athletes Pfirrmann
- Carpal injuries Smithuis

12:00 *Lunch Break*

13:00 **Wrist II and hand**

- Mid-hand: The lesser-known anatomy De Maeseneer
- Sonography of the wrist and hand. indications, strengths and limitations Martinoli

14:15 *Coffee Break*

14:45 **Fingers**

- Ligament and pulley lesions of the finger Fritz
- Hand and finger injuries in climbers: Diagnostics and therapy Schweizer
- Thumb and first CMC joint Hirschmann

16:15 *Closing Remarks*

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