SFAS Symposium 2020
Balgrist University Hospital, Zürich

Thursday, April 2nd, 2020, 10 - 16h
Foot & Ankle anatomical approaches & surgeries
SFAS & IBRA Collaboration

Friday, April 3rd, 2020, 8 - 17h
SFAS Symposium
Topics: Osteochondral lesions and calcaneal fractures

In cooperation with:

IBRA International Bone Research Association
Dear colleagues
It is our distinctive pleasure to announce this year’s SFAS Symposium, which will take place on April 3rd, 2020 in the heart of Zurich at the Balgrist University Hospital.

Experts in their fields provide a unique update on the current management of complications in foot and ankle surgery with special focus on osteochondral lesions and calcaneal fractures. Do not miss the opportunity to join the discussions, case studies and be part of the community.

On April 2nd, 2020 the International Bone Research Association IBRA will again organise and sponsor a workshop on anatomical approaches & surgeries for junior foot & ankle surgeons.

We would like to thank IBRA, the main gold sponsor Medartis, the silver sponsors Exactech, Medeco and Wright Medical/Tornier and all exhibitors who contribute substantially to the success of this Symposium.

We are very much looking forward to welcoming you at Balgrist in Zürich.

Best regards,

KD Dr. med. Stephan Wirth, Balgrist University Hospital, Zürich, Chairman
PD Dr. med. Norman Espinosa, Fussinstitut Zürich, Co-Chairman
Program Workshop Thursday April 2\textsuperscript{nd}, 2020

Foot & Ankle anatomical approaches & surgeries
SFAS & IBRA Collaboration

Location
Balgrist Universtiy Hospital, Zürich, Seminar Room OK B61

Workshop tutors
- Norman Espinosa, FussInstitut Zürich
- Markus Knupp, Mein Fusszentrum Basel
- Fabian Krause, Inselspital Bern
- Martin Wiewiorski, Kantonsspital Winterthur
- Stephan Wirth, Universitätsklinik Balgrist

from 10.00 Registration

10.25 Welcome

10.30 MTP-1 Revisions-Arthrodesis
11.15 Lapidus arthrodesis dorso medial approach

12.00 Lunch break

13.00 DIIPLE Arthrodesis single medial incision
13.45 ORIF Fibula, Syndesmosis fixation, Deltoid reconstruction

14.45 Coffee break

15.15 ORIF distal medial Tibia & medial Malleolus

16.00 End of Workshop
Program Symposium Friday, April 3rd, 2020

08.00 Opening of registration and commercial exhibition in the foyer

08.30 Welcome by congress organisation and SFAS President  
S. Wirth / N. Espinosa

OSTEOCHONDRAL LESIONS

**Moderator**

08.45 Anatomy of the ankle joint  
J. Bartonicek

09.00 Anatomy of the subtalar joint  
J. Bartonicek

09.15 Basic pathophysiology of osteochondral lesions of the talus  
N. Espinosa

09.30 Nonoperative treatment of osteochondral lesions of the talus  
G. Klammer

09.45 General surgical approaches to the treatment of OLT  
M. Knupp

10.00 Arthroscopic treatment of OLT?  
V. Dubois-Ferrière

10.15 What if arthroscopic treatment fails? Can we redo it?  
L. Drittenbass

10.30 Coffee break and commercial exhibition in the lobby

**Moderator**

11.00 Is there any place for an OATS?  
L. Iselin

11.15 Iliac bone crest graft / vascularized bonegraft  
B. Hintermann

11.30 Stem cell transplantation  
A. Viehöfer

11.45 AMIC – A comfortable solution  
L. Weigelt

12.00 What if AMIC fails?  
F. Krause

12.15 Additive surgery to increase surgical success  
S. Wirth

12.30-13.00 SFAS General Assembly (only for SFAS members)

CALCANEAL FRACTURES

**Moderator**

13.30 Tarife in der Fusschirurgie heute und in der Zukunft  
G. Maquieira & J. Brandenberg

14.00 Classification of calcaneal fractures  
R. Ruiz

14.15 Surgical approaches – an overview  
X. Crevoisier

14.30 Nonoperative treatment of Calcaneal fractures  
F. Krause

14.45 Extensile lateral approach for the treatment of intraarticular fractures  
H.-C. Pape

15.00 Limited-open approach - My experience  
M. Weber

15.15 Percutaneous techniques  
A. Toepfer

15.30 Coffee break and commercial exhibition in the lobby

**Moderator**

15.45 Potential complications – An overview - Interactive  
M. Assal

16.00 Malunited calcaneal fractures – Solutions  
B. Hintermann

16.15 Subtalar distraction arthrodesis – Indications and technique  
N. Espinosa

16.30 Final discussions  
All

17.00 End of the Symposium  
S. Wirth / N. Espinosa
Sponsors & Partners

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IBRA International Bone Research Association

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Information

Organisation
Chairman: KD Dr. med. Stephan Wirth, Universitätssklinik Balgrist Zürich
Co-Chairman: PD Dr. med. Norman Espinosa, Fussinstitut Zürich

Location
Universitätssklinik Balgrist
Auditorium Christian Gerber
Forchstrasse 340
8008 Zürich

CME Credits (to be confirmed)
Swiss Orthopaedics (SGOT): 8 credit points

Course Fee
SFAS / IBRA Workshop April 2nd, 2020
- Free of charge (limited number of participants, first come-first served)

SFAS Symposium April 3rd, 2020
- SFAS-Member CHF 100
- SFAS- Non Member CHF 150
- Resident / Physiotherapist CHF 80

Registration / Information
Online registration www.sfas.ch
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International Bone Research Association

IBRA is a financially independent, internationally oriented non-profit organization, for specialized clinicians and research scientists. IBRA’s core activity is the future-oriented advancement of bone-tissue research and management focusing particularly on:

- Bone biology, including osteointegration, bone generation and soft tissue reaction
- Maxillofacial and orthopaedic rehabilitation
- Materials research including hardware development
- Biomechanics
- Tissue engineering
- Surgical procedures & clinical management

IBRA encourages the development of innovative solutions in a friendly, loyal atmosphere. Future-oriented open-mindedness and international acceptance form the basis for first-rate assistance in realizing modern research projects and promoting individual careers. As an international forum reaching across geographic and cultural borders, IBRA offers an up-to-date network for the exchange of experience and knowledge in applied bone and tissue research.

History
IBRA was founded in Zurich, Switzerland on September 25, 2004 at the initiative of eighteen forward-looking clinicians. Its primary aims are the exchange of professional knowledge, promotion of new scientific developments, engineering of the musculoskeletal system, coordinated multi-centre research and highly specialized advanced training.

Research Support
IBRA offers financial support for research projects dealing with bone biology and the improvement or development of internal fixation devices for maxillofacial and limbs surgery. With the emphasis on innovation and suitability for practical application, 95% of the research budget goes towards applied research and clinical studies and 5% towards basic research.

Education
IBRA’s education area offers clinicians special courses on the application of specific methods of treatment. IBRA’s particular concern is to train tomorrow’s highly qualified research scientists. IBRA enhances its members’ qualifications through a scholarship program.

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