



State of the Art Safety Standards in RA
 THE EUROPEAN SOCIETY OF REGIONAL
 ANAESTHESIA & PAIN THERAPY



SWISS ASSOCIATION OF REGIONAL ANAESTHESIA AND ANALGESIA

One day
 One program

4TH EUROPEAN DAY OF REGIONAL ANAESTHESIA

Saturday, 11 September 2021



ZURICH



Balgrist University Hospital
 Forchstrasse 340
 8008 Zurich



Registration:

Claudia.gasser@balgrist.ch

T: +41 44 386 38 32

Registration Fees:

Non-ESRA / Non-SARA Member	300.00 CHF
ESRA & SARA Member	150.00 CHF
Residents	150.00 CHF

Credits: 8x SGAR, 6x SGUM and 4x SGNOR; EDRA Credits requested
 Kursleitung Prof. Dr. med. Urs Eichenberger, PD Dr. med. José Aguirre



GE Healthcare

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Modifications of number of Workshops, number of participants / Workshop (4-5), audience in auditorium (lectures and live demo) are depending on valid COVID-19 restrictions in September 2021.

08:20 – 12:35 Podcasts & Lectures

Welcome & Introduction	Prof. U. Eichenberger, PD Dr. J. Aguirre, Prof. T. Volk (GER)
PODCAST: Tools for comfort in the theater for awake surgery: music & virtual reality	Dr. V. Graff (USA)
Patienten blood management and regional anaesthesia in orthopedic surgery	Dr. A. Saporito (SUI)
PODCAST: Tips & Tricks for Neuraxial Ultrasound	Dr. M. Karmakar (CHN)
Scientific evidence of the iPACK for clinical practice	Dr. E. Albrecht (SUI)
PODCAST: POCUS: the newest power of the anaesthesiologist	Dr. J. Boublik (USA)
Reintroducing Prilocaine and Chloroprocaine: what we have learned in the last 10 years	Dr. J. Bonvini (SUI)

10:05 – 10:25 Coffee Break

PODCAST: Prevention & management of nerve injury associated to nerve blocks	PD Dr. J. Aguirre (SUI)
General versus regional anaesthesia for carotid surgery	PD Dr. S. Grape (SUI)
PODCAST: Understanding the European clinical practice recommendations on opioids for non-cancer pain	Dr. W. Häuser (GER)
Effective ways to manage the inadequate obstetric epidural	Dr. M. Robertson (SUI)
PODCAST: Best technology and outcomes for radiofrequency ablation of major joint	Dr. A. Krol (UK)
Peripheral nerve stimulation for chronic postoperative pain	Dr. M. Cachemaille (SUI)
(Regional-) Anaesthesia for Ophthalmic surgery	Dr. F. Lersch
PNB – is there still a place for nerve catheters?	Dr. R. Zürcher

12.:35 – 13:15 Lunch (according to COVID-19 restriction)

13:15 – 17:10 Workshops & Live-Demonstrations

**5 possible Workshops of 45 minutes each
(13:15-14:00 / 14:00-14:45 / 14:45-15:30 / 15:40-16:25 / 16:25-17:10)**

A: Interactive Live-Demo: US-guided block for pain treatment	B: Truncal blocks A (PECS 1&2, Serratus plane block)
C: Paravertebral & Erector spinae block	D: Truncal blocks B (TAP, QLB, suprainguinal fascia iliaca)
E: Blocks for shoulder surgery	F: Blocks for knee surgery (femoral, adductor canal, iPACK)
G: Rescue blocks of the upper and lower extremities	H: Blocks around the clavicle
I: Sciatic nerve approaches	J: Blocks for Ophthalmic anaesthesia

17:10 Handout Certificates of attendance