

on-site
course



Upper Extremity

ESSR Sports Imaging Course

Joint course by the ESSR sports imaging subcommittee and
12th educational SSSR meeting

Friday, May, 13th until Saturday, May 14th, 2022

Balgrist University Hospital, Zurich



Universität
Zürich

swiss olympic MEDICAL
olympic CENTER

Upper Extremity **ESSR Sports Imaging Course**

Sessions on shoulder, elbow, upper limb pathology as well as hand and wrist are presented by international experts on sports imaging and sports medicine.

Organizers

Prof. Dr. med. Reto Sutter
Head of Radiology, Balgrist University Hospital,
Zurich, University of Zurich
PD Dr. med. Christoph Schöffeler
Head of Musculoskeletal Imaging,
Cantonal Hospital Chur

Faculty

P. Diana Afonso, Lisbon
Gustav Andreisek, Münsterlingen
Guillaume Bierry, Strasbourg
Samy Bouaicha, Zurich
Luis Cerezal, Santander
Milko de Jonge, Amsterdam
Filippo Del Grande, Lugano
Michel De Maeseneer, Brussel
Linda Dyer, Zurich
Anna Falkowski, Winterthur
Benjamin Fritz, Zurich
Alexandra Gersing, Munich
Roman Guggenberger, Zurich
Anna Hirschmann, Basel
Pia Jungmann, Chur
Carlo Martinoli, Genoa
Christian Pfirrmann, Zurich
Andreas Schweizer, Zurich
Frank Smithuis, Amsterdam
Klaus Wörtler, München
Marco Zanetti, Zurich

We thank our partners:



Guerbet | 
Contrast for Life

Course language

English

Venue

Balgrist University Hospital, Auditorium
Forchstrasse 340, 8008 Zurich, Switzerland

Registration fee

500 CHF regular / 470 CHF for members of
ESSR or SSSR

Registration

Online registration:

www.balgrist.ch/sports-imaging-course

Balgrist University Hospital

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CME Accreditation

- Swiss Society of Radiology (SGR-SSR): 13 credits
- European Society of Musculoskeletal Radiology (ESSR): Applicable for ESSR Diploma
- Deutsche Röntgengesellschaft e.V., Akademie für Fort- und Weiterbildung in der Radiologie: 12 credits, category B
- Deutsche Gesellschaft für Muskuloskelettale Radiologie e.V. (DGMSR): Accepted for the quality-program of DGMSR
- Swiss Orthopaedics (SGOT): 8 credits
- Sport & Exercise Medicine Switzerland (SEMS): 12 credits

In collaboration with:



Covid information

To access the Auditorium of Balgrist University Hospital, the regulations of the Federal Office of Public Health of Switzerland at the time of the course will be applicable. The regulations will be published on the course website.



Course programm

Friday, May 13th, 2022

from 08.00	Registration	
08.30	Welcome	R. Sutter & Ch. Schöffeler
08.30 - 10.00	Shoulder I ◦ Rotator cuff and muscle injuries in athletes ◦ Rotator cuff – 5 surgical points to consider ◦ Shoulder instability – first time and chronic	A. Gersing S. Bouaicha P. Jungmann
10.00	<i>Coffee Break</i>	
10.30 - 12.00	Shoulder II ◦ Non-traumatic instability in athletes ◦ Proximal biceps tendon and rotator interval ◦ Postop shoulder – rotator cuff and instability surgery	Ch. Schöffeler K. Wörtler F. Del Grande
12.00	<i>Lunch Break</i>	
13.00 - 14.30	Shoulder girdle and thoracic wall ◦ Pectoralis and conjoined tendon injuries ◦ Sternoclavicular joint and acromioclavicular joint ◦ Physical therapy for shoulder girdle problems	M. Zanetti G. Bierry L. Dyer
14.30	<i>Coffee break</i>	
15.00 - 16.30	Elbow ◦ Elbow overuse injuries ◦ Elbow instability ◦ Postoperative elbow imaging	D. Afonso R. Sutter L. Cerezal
16.30	End of first day	

Course programm

Saturday, May 14th, 2022

08.30 - 10.00	Upper limb ◦ Fractures of the upper extremity ◦ Nerve compression syndromes ◦ Pediatric sports imaging: 5 points to consider	R. Guggenberger G. Andreisek M. de Jonge
10.00	<i>Coffee Break</i>	
10.30 - 12.00	Wrist I ◦ Intersection syndromes, and tendon disorders ◦ TFCC and ulnar-sided wrist pain in athletes ◦ Carpal injuries	A. Falkowski Ch. Pfirrmann F. Smithuis
12.00	<i>Lunch Break</i>	
13.00 - 14.15	Wrist II and hand ◦ Mid-hand: The lesser-known anatomy ◦ Sonography of the wrist and hand: Indications, strengths and limitations	M. De Maeseneer C. Martinoli
14.15	<i>Coffee break</i>	
14.45 - 16.15	Fingers ◦ Ligament and pulley lesions of the finger ◦ Hand and finger injuries in climbers: Diagnostics and therapy ◦ Thumb and first CMC joint	B. Fritz A. Schweizer A. Hirschmann
16.15	Closing remarks	R. Sutter & Ch. Schäffeler

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