Upper Extremity

ESSR Sports Imaging Course

Joint course by the ESSR sports imaging subcommittee and 12th educational SSSR meeting

Friday, May 13th until Saturday, May 14th, 2022
Balgrist University Hospital, Zurich
Upper Extremity

**ESSR Sports Imaging Course**

Sessions on shoulder, elbow, upper limb pathology as well as hand and wrist are presented by international experts on sports imaging and sports medicine.

**Organizers**
Prof. Dr. med. Reto Sutter  
Head of Radiology, Balgrist University Hospital, Zurich, University of Zurich  
PD Dr. med. Christoph Schäffeler  
Head of Musculoskeletal Imaging, Cantonal Hospital Chur

**Faculty**
P. Diana Afonso, Lisbon  
Gustav Andreisek, Münsterlingen  
Guillaume Bierry, Strasbourg  
Samy Bouaicha, Zurich  
Luis Cerezal, Santander  
Milko de Jonge, Amsterdam  
Michel De Maeseneer, Brussel  
Linda Dyer, Zurich  
Anna Falkowski, Winterthur  
Benjamin Fritz, Zurich  
Alexandra Gersing, Munich  
Roman Guggenberger, Zurich  
Anna Hirschmann, Basel  
Pia Jungmann, Chur  
Carlo Martinoli, Genoa  
Christian Pfirrmann, Zurich  
Andreas Schweizer, Zurich  
Frank Smithuis, Amsterdam  
Christoph Stern, Zurich  
Klaus Wörtler, Munchen  
Marco Zanetti, Zurich

We thank our partners:

[Image of Bayer logo]

[Image of Guerbet logo]

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NEW hybrid format
The course will be held on-site at Balgrist University Hospital Zurich as well as on-line via Zoom webinar. All earnings from the registration for the on-line participation will be donated to UNICEF.

On-site participation
Venue: Balgrist University Hospital, Auditorium Forchstrasse 340, 8008 Zurich, Switzerland
Covid information: To access the Auditorium of Balgrist University Hospital, the regulations of the Federal Office of Public Health of Switzerland at the time of the course will be applicable. The regulations will be published on the course website.

On-line participation
The course will only be broadcasted live, there is no on-demand option. The access link for the Zoom webinar will be sent via e-mail one week ahead. CME accreditation is also valid for on-line participation.

Registration
500 CHF regular / 470 CHF for members of ESSR or SSSR (same price on-site/on-line)
Link to registration form or scan QR-code: www.balgrist.ch/sports-imaging-course

CME Accreditation
- Swiss Society of Radiology (SGR-SSR): 13 credits
- European Society of Musculoskeletal Radiology (ESSR): Applicable for ESSR Diploma
- Deutsche Röntgengesellschaft e.V., Akademie für Fort- und Weiterbildung in der Radiologie: 12 credits, category B
- Deutsche Gesellschaft für Muskuloskelettale Radiologie e.V. (DGMSR): Accepted for the quality-program of DGMSR
- Swiss Orthopaedics (SGOT): 8 credits
- Sport & Exercise Medicine Switzerland (SEMS): 12 credits

Contact
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<thead>
<tr>
<th>Time</th>
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<th>Speaker(s)</th>
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<tr>
<td>08.00</td>
<td>Registration</td>
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<tr>
<td>08.30</td>
<td>Welcome</td>
<td>R. Sutter &amp; Ch. Schäffeler</td>
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| 08.30 - 10.00 | Shoulder I                                  | A. Gersing  
|         | Rotator cuff and muscle injuries in athletes                         | S. Bouaicha  
|         | Rotator cuff – 5 surgical points to consider                          | P. Jungmann  
| 10.00  | Coffee Break                                                         |                             |
| 10.30 - 12.00 | Shoulder II                                         | Ch. Schäffeler  
|         | Non-traumatic instability in athletes                                | K. Wörtler  
|         | Proximal biceps tendon and rotator interval                          | Ch. Stern  
| 12.00  | Lunch Break                                                          |                             |
| 13.00 - 14.30 | Shoulder girdle and thoracic wall                                   | M. Zanetti  
|         | Pectoralis and conjoined tendon injuries                             | G. Bierry  
|         | Sternoclavicular joint and acromioclavicular joint                    |                             
|         | Physical therapy for shoulder girdle problems                         | L. Dyer  
| 14.30  | Coffee break                                                         |                             |
| 15.00 - 16.30 | Elbow                                                   | D. Afonso  
|         | Elbow overuse injuries                                               | R. Sutter  
|         | Elbow instability                                                    | L. Cerezal  
| 16.30  | End of first day                                                     |                             |
| 16.30  | Optional Tour of Swiss Center for Musculoskeletal Imaging at Balgrist Campus | D. Nanz  |
**Course programm**  
**Saturday, May 14th, 2022**

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<td>08.30</td>
<td>Upper limb</td>
<td>- Fractures of the upper extremity</td>
<td>R. Guggenberger</td>
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<tr>
<td>10.00</td>
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<td>- Nerve compression syndromes</td>
<td>G. Andreisek</td>
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<td>- Pediatric sports imaging: 5 points to consider</td>
<td>M. de Jonge</td>
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<td>10.00</td>
<td>Coffee Break</td>
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<tr>
<td>10.30</td>
<td>Wrist I</td>
<td>- Intersection syndromes, and tendon disorders</td>
<td>A. Falkowski</td>
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<td>12.00</td>
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<td>- TFCC and ulnar-sided wrist pain in athletes</td>
<td>Ch. Pfirrmann</td>
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<td></td>
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<td>- Carpal injuries</td>
<td>F. Smithuis</td>
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<td>12.00</td>
<td>Lunch Break</td>
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<tr>
<td>13.00</td>
<td>Wrist II and hand</td>
<td>- Mid-hand: The lesser-known anatomy</td>
<td>M. De Maeseneer</td>
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<td></td>
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<td>- Sonography of the wrist and hand: Indications, strengths and limitations</td>
<td>C. Martinoli</td>
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<td>14.15</td>
<td>Coffee break</td>
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<td>14.45</td>
<td>Fingers</td>
<td>- Ligament and pulley lesions of the finger</td>
<td>B. Fritz</td>
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<td>- Hand and finger injuries in climbers: Diagnostics and therapy</td>
<td>A. Schweizer</td>
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<td></td>
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<td>- Thumb and first CMC joint</td>
<td>A. Hirschmann</td>
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<td>16.15</td>
<td>Closing remarks</td>
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<td>R. Sutter &amp; Ch. Schäffeler</td>
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