Osteochondral lesions and calcaneal fractures

Swiss Foot and Ankle Society Symposium 2021

Friday, September 10th, 2021
8.00 - 17.00h

Foot & Ankle anatomical approaches & surgeries
SFAS & IBRA Collaboration

Saturday, September 11th, 2021
8.30 - 17.30h
Innovative Lösungen in der elektiven Fusschirurgie

APTUS® Hallux 2.8
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Dear colleagues

The COVID-19 pandemic has forced us to postpone the 2020 SFAS Symposium. With respective protective measures in place it is our distinctive pleasure to welcome you on September 10th, 2021 to the annual SFAS Symposium, which will take place in the heart of Zurich at the Balgrist University Hospital.

Experts in their fields provide a unique update on the current management of complications in foot and ankle surgery with special focus on osteochondral lesions and calcaneal fractures. Do not miss the opportunity to join the discussions, case studies and be part of the community.

On September 11th, 2021 the International Bone Research Association IBRA will again organise and sponsor a workshop on anatomical approaches & surgeries for junior foot & ankle surgeons.

We would like to thank IBRA, the main gold sponsor Medartis, the silver sponsors Arthrex, Exactech, Medeco and Wright Medical/Tornier and all exhibitors who contribute substantially to the success of this Symposium.

We are very much looking forward to welcoming you at Balgrist in Zurich.

Best regards,

KD Dr. med. Stephan Wirth, Balgrist University Hospital, Zürich, Chairman
PD Dr. med. Norman Espinosa, Fussinstitut Zürich, Co-Chairman
All the Right CURVES

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Visit the Exactech booth to learn more.
Faculty

- Mathieu Assal, Hirslanden Centre du pied et de la cheville Genève
- Josef E. Brandenberg, Präsident der FMCH
- Xavier Crevoisier, Centre Hospitalier Universitaire Vaudois Lausanne
- Lisca Drittenbass, Hirslanden Centre du pied et de la cheville Genève
- Victor Dubois - Ferrière, Hôpitaux Universitaires de Genève
- Norman Espinosa, FussInstitut Zürich
- Beat Hintermann, Kantonsspital Baselland
- Lukas Iselin, Kantonsspital Luzern
- Georg Klammer, FussInstitut Zürich
- Markus Knupp, Mein Fusszentrum Basel
- Fabian Krause, Inselspital Bern
- Gerardo J. Maquieira, FussZentrum Hirslanden Zürich
- Hans-Christoph Pape, UniversitätsSpital Zürich
- Primo Potocnik, Kantonsspital St. Gallen
- Roxa Ruiz, Kantonsspital Baselland
- Victor Valderrabano, SWISS ORTHO CENTER, Schmerzklinik Basel
- Arnd Viehöfer, Universitätsklinik Balgrist
- Martin Weber, Fusszentrum Neufeld Bern
- Lizzy Weigelt, Universitätsklinik Balgrist
- Martin Wiewiorski, Kantonsspital Winterthur
- Stephan Wirth, Universitätsklinik Balgrist
Program Symposium Friday, September 10th, 2021

08.00 Opening of registration and commercial exhibition in the foyer

08.30 Welcome by congress organisation and SFAS President

S. Wirth / N. Espinosa
V. Valderrabano

OSTEOCHONDRAL LESIONS

08.45 Basic pathophysiology of osteochondral lesions
N. Espinosa

09.00 Nonoperative treatment of osteochondral lesions of the talus
G. Klammer

09.15 General surgical approaches to the treatment of OLT
M. Knupp

09.30 Arthroscopic treatment of OLT?
V. Dubois-Ferrière

09.45 What if arthroscopic treatment fails?
Can we redo it?
L. Drittenbass

10.00 Coffee break and commercial exhibition in the lobby

10.30 Is there any place for an OATS?
L. Iselin

10.45 Iliac bone crest graft / vascularized bonegraft
B. Hintermann

11.00 Stem cell transplantation
A. Viehöfer

11.15 AMIC – A comfortable solution
L. Weigelt

11.30 What if AMIC fails?
F. Krause

11.45 Additive surgery to increase surgical success
S. Wirth

12.00-12.30 SFAS General Assembly (for SFAS members only)
### CALCANEAL FRACTURES

**Moderator**  
M. Weber

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Speaker(s)</th>
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<tbody>
<tr>
<td>13.30</td>
<td>Tarife in der Fusschirurgie heute und in der Zukunft</td>
<td>G. Maquieira &amp; J. Brandenberg</td>
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<tr>
<td>14.00</td>
<td>Classification of calcaneal fractures</td>
<td>R. Ruiz</td>
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<tr>
<td>14.15</td>
<td>Nonoperative treatment of Calcaneal fractures</td>
<td>F. Krause</td>
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<tr>
<td>14.30</td>
<td>Extensile lateral approach for the treatment of intraarticular fractures</td>
<td>H.-C. Pape</td>
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<td>14.45</td>
<td>Limited-open approach - My experience</td>
<td>M. Weber</td>
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<td>15.00</td>
<td>Percutaneous techniques</td>
<td>P. Potocnik</td>
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<td>15.15</td>
<td>Coffee break and commercial exhibition in the lobby</td>
<td>S. Wirth</td>
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<tr>
<td>15.45</td>
<td>Potential complications – An overview - Interactive</td>
<td>M. Assal</td>
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<td>16.00</td>
<td>Malunited calcaneal fractures – Solutions</td>
<td>B. Hintermann</td>
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<td>16.15</td>
<td>Subtalar distraction arthrodesis – Indications and technique</td>
<td>X. Crevoisier</td>
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<td>16.30</td>
<td>Final discussions</td>
<td>All</td>
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**End of the Symposium**  
S. Wirth / N. Espinosa
Program Workshop Saturday, September 11th, 2021

Foot & Ankle anatomical approaches & surgeries
SFAS & IBRA Collaboration

Location
Balgrist University Hospital, Zürich, OR

Workshop
1st Group 08.30 - 12.30
2nd Group 13.30 - 17.30

Tutors
• Norman Espinosa, FussInstitut Zürich
• Markus Knupp, Mein Fusszentrum Basel
• Fabian Krause, Inselspital Bern
• Victor Valderrabano, SWISS ORTHO CENTER, Basel
• Martin Wiewiorski, Kantonsspital Winterthur
• Stephan Wirth, Universität’sklinik Balgrist

Topics
Welcome by Stephan Wirth, Norman Espinosa, Victor Valderrabano
• MTP-1 Revisions-Arthrodesis
• Lapidus arthrodesis dorso medial approach
• DIPILE Arthrodesis single medial incision
• ORIF Fibula, Syndesmosis fixation, Deltoid reconstruction
• ORIF distal medial Tibia & medial Malleolus

In collaboration with:

IBRA International Bone Research Association
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swiss biomechanics
IBRA is a financially independent, internationally oriented non-profit organization, for specialized clinicians and research scientists. IBRA’s core activity is the future-oriented advancement of bone-tissue research and management focusing particularly on:

- Bone biology, including osteointegration, bone generation and soft tissue reaction
- Maxillofacial and orthopaedic rehabilitation
- Materials research including hardware development
- Biomechanics
- Tissue engineering
- Surgical procedures & clinical management

IBRA encourages the development of innovative solutions in a friendly, loyal atmosphere. Future-oriented open-mindedness and international acceptance form the basis for first-rate assistance in realizing modern research projects and promoting individual careers. As an international forum reaching across geographic and cultural borders, IBRA offers an up-to-date network for the exchange of experience and knowledge in applied bone and tissue research.

History
IBRA was founded in Zurich, Switzerland on September 25, 2004 at the initiative of eighteen forward-looking clinicians. Its primary aims are the exchange of professional knowledge, promotion of new scientific developments, engineering of the musculoskeletal system, coor-
dinated multi-centre research and highly specialized advanced training.

Research Support
IBRA offers financial support for research projects dealing with bone biology and the improvement or development of internal fixation devices for maxillofacial and limbs surgery. With the emphasis on innovation and suitability for practical application, 95% of the research budget goes towards applied research and clinical studies and 5% towards basic research.

Education
IBRA’s education area offers clinicians special courses on the application of specific methods of treatment. IBRA’s particular concern is to train tomorrow’s highly qualified research scientists. IBRA enhances its members’ qualifications through a scholarship program.
Information

Organisation
Chairman: KD Dr. med. Stephan Wirth, Universitätsklinik Balgrist Zürich
Co-Chairman: PD Dr. med. Norman Espinosa, Fussinstitut Zürich

Location
Universitätsklinik Balgrist
Auditorium Christian Gerber
Forchstrasse 340
8008 Zürich
www.balgrist.ch/kongresse
Phone +41 44 386 38 33

CME Credits
Swiss Orthopaedics SGOT: 8 credit points

Course Fee
SFAS Symposium September 10th, 2021
- SFAS-Member CHF 100
- SFAS- Non Member CHF 150
- Resident / Physiotherapist CHF 80

SFAS / IBRA Workshop September 11th, 2021
- Free of charge (limited number of participants, first come-first served)

Registration / Information
Online registration www.sfas.ch
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