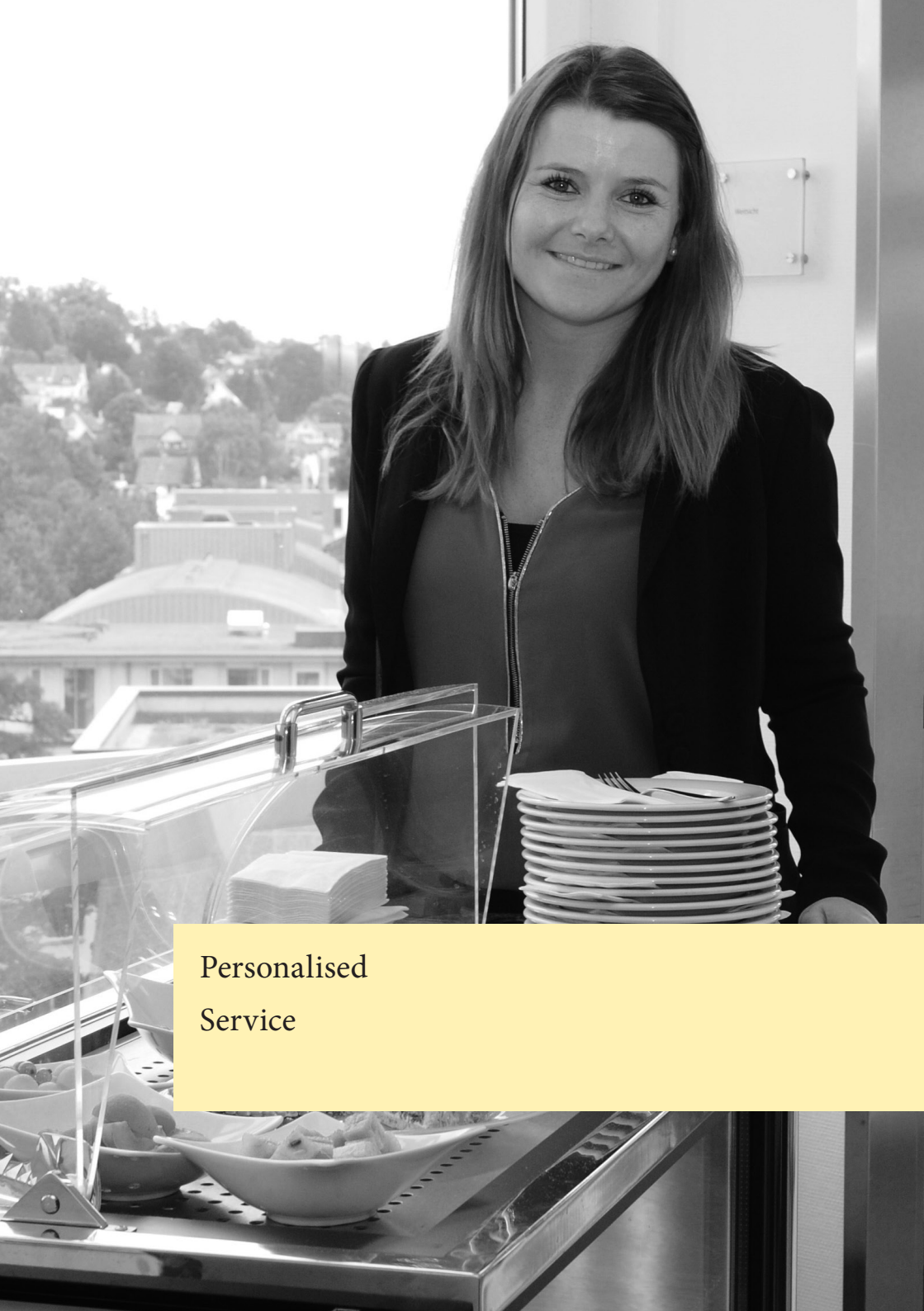


Completely Private





Personalised
Service

Introduction

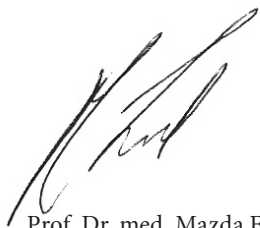
"Balgrist Privé" for unbeatable comfort

As a privately or semi-privately-insured patient, Balgrist University Hospital looks after your every need. We are highly specialised in the treatment of different types of injuries and disorders to the musculoskeletal system. Our private hospital's carefully balanced interdisciplinary network brings together specialised medical departments ranging from orthopaedics, paraplegiology, rheumatology, chiropractic medicine, radiology and anaesthesiology to rehabilitation and physical medicine, all under one roof. Balgrist is the first university hospital in Switzerland to be awarded ISO-certification and, with the University Center for Prevention and Sports Medicine – move>med, is acknowledged as having the only university affiliated Olympic Medical Centre in German-speaking Switzerland.

We provide you with outstanding treatment and care from qualified physicians, nurses and therapists, with a minimum of waiting time.

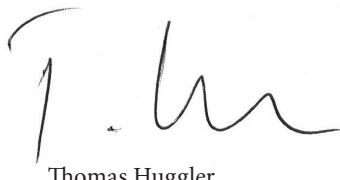
Our guest relations team and hotel service are on hand to see that nothing is wanting with your well-being.

We look forward to welcoming you.



Prof. Dr. med. Mazda Farshad

Medical Director and Surgeon in Chief
Professor and Chair of Orthopaedic surgery
Head of Spine and Scoliosis Surgery



Thomas Huggler

Managing Director

Medical Expertise:

Only the best is good enough

Personal Medical Care

Should you have a medical concern, you would like to be examined and treated by the best physicians. You can count on our senior consultants and specialists. Not only do they have immense clinical experience in their specialised fields, but are also involved scientifically as professors and private lecturers, continuously improving our treatment methods.

Latest Technologies

Together with industry our physicians and researchers are developing new implants and rehabilitation or medical training robots from which you are able to benefit.

Our radiology infrastructure is state-of-the-art and is continuously being adapted to take account of patients' needs. We have, for example, high-field MRI equipment (magnetic resonance imaging) with the widest bore (patient opening) on the market and our 3D full body scanner is now equipped with the new "micro dose" technology, which gives a much lower dose of radiation.

The CARD team (Computer Assisted Research & Development) assists our physicians with computer-aided planning in the analysis and implementation of complex orthopaedic operations. This allows the surgeon to plan the operation in detail using 3D models on a computer. Based on the results, individual surgical aids are custom-made with the aim of ensuring greater precision during the operation.

An Attentive Organisation.

When requesting an appointment you will receive preferential treatment, thus enabling you to obtain a consultation or date for an operation as quickly as possible. Following surgery, your closest relatives will be informed of the outcome directly by the physician in charge. To ensure that post-operative treatment can continue without interruption, information is forwarded quickly to your GP.

Nursing & Therapy: Personalised care according to your needs

Attentive and Reliable Care

The highly-qualified nursing team at Balgrist University Hospital provides all-round care and a personalised service 24-hours a day. We focus on your needs and wishes. Specialists in their field assist you in the rehabilitation process, whether before or after an operation, by treating any pain and caring for wounds and providing comprehensive instruction on the different rehabilitation scenarios.

Specialised Therapies

Balgrist offers out-patient and in-patient care for physiotherapy, occupational therapy and activity therapy. Treatment is undertaken by therapists who have specialised in musculoskeletal and neurological therapy. We work with carefully chosen science-based therapeutic methods, supported by robot technology and state-of-the-art therapy equipment. To ensure that you can return to pain-free day-to-day life as quickly as possible, the respective therapy is tailored individually to your needs. This is the reason why, with your help, our therapists determine the therapy objectives and course of action.

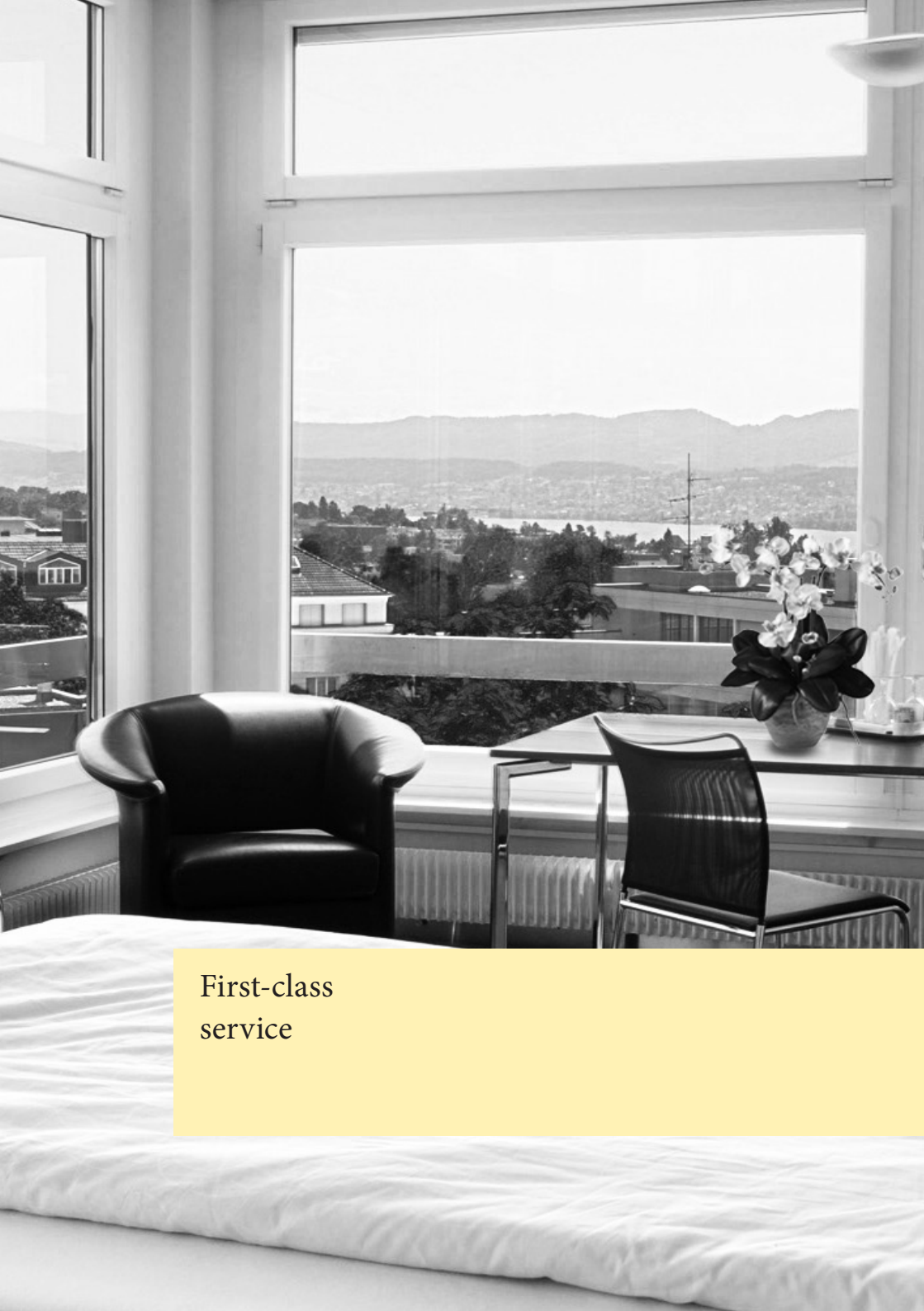
Our treatment programme is supplemented by medical training therapy, gait analysis, medical massage, hand therapy, clarification and advice for aids that might be needed, training attuned to everyday life, and much more. Likewise, you can take advantage of our course programme, which includes Pilates Mat Classes, Gait Safety and Aqua Gym.

Comprehensive care up to discharge planning

Following certain operations, therapy is often needed before a complete recovery can be made. This might involve a specialised spa or rehabilitation clinic – Balgrist Rehabilitation for example. We are happy to arrange this transfer for you.

University Center for Prevention and Sports Medicine – move>med

Our University Center for Prevention and Sports Medicine – move>med with the Swiss Olympic Medical Center is at your disposal for your outpatient therapy. It combines general sports medicine, pain management, physiotherapy, training advice, fitness center and performance diagnostics as well as therapies before and after an operation, all under one single roof.



First-class
service

5-Star Comfort:

Everything for your well-being

So that you feel comfortable with us and are able to recover as quickly as possible, we want to organise your stay exactly as you would like it. Our comfortable private or semi-private rooms are located on the upper floors, where most offer a wonderful view of the lake and mountains. Our Guest Relation Management is here to look after you and would be happy, for example, to arrange a hair-do or pedicure appointment. Our kitchen will spoil you daily with delicious menus designed to meet your needs. If necessary, our nutritional advisors can also be called upon to help you.

You, and of course your visitors, have the possibility of ordering dishes from our à-la-carte menu and, if your recovery allows it, we would be happy to serve you with a glass of fine wine. A special treat for the taste buds is provided by our dessert trolley, which is filled with a range of delicacies.



As a patient in our private wing you also benefit from the following*:

- Minibar in the room
- Daily newspaper delivered to your room
- Free of charge laundry service
- Louis Widmer care products
- Free domestic postal service

The entire clinic is equipped with Wi-Fi that you can use free of charge.

*Some services are chargeable for patients with semi-private insurance.

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